



Chef Chipper's Early Learners Lunch Program



Veggie Lunch February 2025

Serving sizes as follows:

1-2 year olds - m/ma 1oz, fruit 1/4c, veg 1/4 c, grain 1/2oz, 4oz Plain Whole Milk













3-5 year olds - m/ma 1.5oz, fruit 1/4c, veg 1/4c, grain 1/2oz, 6oz Plain 1% Milk

School Age - m/ma 2oz, fruit 1/2c, veg 1/2c, grain, 1oz, 8oz Plain 1% Milk

This institution is an equal opportunity provider.
Approved by Barbara Myers, RD, LD/N

* Please See CACFP Meal Pattern Charts



Monday	Tuesday	Wednesday	Thursday	Friday
3 <u>Cheese Quesadillas</u> <u>Rice</u> <u>Green Beans</u> <u>Apple Slices</u>	4 <u>Baked Ziti</u> <u>Apple Slices</u> <u>Carrots</u>	5 <u>Veggie Burgers</u> <u>Mixed Vegetables</u> <u>Bananas</u> 	6 <u>Orange Ginger Tofu</u> <u>Hot Dog Roll</u> <u>Tossed Salad</u> <u>Oranges</u>	7  <u>Veggie Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u>
10  <u>Maxxx Pizza Sticks</u> <u>Green Beans</u> <u>Mixed Fruit</u>	11 <u>Veggie Nuggets</u> <u>Mixed Fruit</u> <u>Carrots</u> 	12 <u>Rice & Bean Burrito Bowl</u> <u>Corn</u> <u>Bananas</u>	13 <u>Beef Stroganoff</u> <u>80/20 Ground Beef - Mushroom Gravy</u> <u>WG Pasta</u> <u>Peas</u> <u>Oranges</u> 	14  <u>Personal Pizza</u> <u>Tossed Salad</u> <u>Peaches</u> *VALENTINE'S DAY TREAT
17 <u>Baked Macaroni & Cheese</u> <u>Green Beans</u> <u>Apple Slices</u> 	18 <u>Cheese Quesadillas</u> <u>Corn</u> <u>Bananas</u>	19 <u>Sweet & Sour Ch'kn (Morning Star)</u> <u>Rice</u> <u>Stir Fry Vegetables</u> <u>Bananas</u> 	20 <u>Maxxx Pizza Sticks</u> <u>Peas</u> <u>Oranges</u>	21 <u>Veggie Nuggets</u> <u>Tossed Salad</u> <u>Peaches</u>
24 <u>Baked Macaroni & Cheese</u> <u>Apple Slices</u> <u>Green Beans</u>	25  <u>WG Calzones</u> <u>Green Beans</u> <u>Mixed Fruit</u>	26 <u>Veggie Burgers</u> <u>Corn</u> <u>Bananas</u> 	27 <u>Cheese Quesadillas</u> <u>Fajita Vegetables</u> <u>Oranges</u> 	28 <u>Grilled Cheese Sandwich</u> <u>Tossed Salad - Caesar Dressing</u> <u>Peaches</u>
			<p><u>Menu Items Subject To Change Based</u> <u>On Availability</u></p> <p><u>Meal Changes Shall Be</u> <u>Written On The Posted Menu</u></p>	
				<p><i>1% Milk</i> Is Served At Lunch Everyday Whole Milk Is Available For Students Age 1 & 2</p>