

Fairfax Food Service

February 2025

LK Lunch Menu - Top 9 Allergen Free

<u>Monday, February 3, 2025</u>	<u>Tuesday, February 4, 2025</u>	<u>Wednesday, February 5, 2025</u>	<u>Thursday, February 6, 2025</u>	<u>Friday, February 7, 2025</u>
<p>NAE GF Chicken Tender Strips, 3ea Plain WG Brown Rice, 1/3c Ketchup Sweet Tender Peas, 1/4c Cinnamon Applesauce, 3/8c</p>	<p>Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Mixed Greens Salad, 1/2c Banana, 1/2ea</p>	<p>Turkey Nacho Fiesta, 1/4c GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c</p>	<p>Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c</p>	<p>Chicken Meatballs w/ Marinara **Chicken Meatballs, 3ea; Marinara** Plain WG Brown Rice, 1/3c Mixed Greens Salad, 1/2c Orange Wedges, 4ea</p>
	<p>TODS & TWOS Peas, Carrots, Green Beans, 1/4c</p>	<p>TODS & TWOS Plain WG Brown Rice, 1/3c Carrot Coins, 1/4c</p>	<p>TODS & TWOS Cinnamon Applesauce, 3/8c</p>	<p>TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8c</p>
<p>VEG: Red Beans & Plain WG Brown Rice, 3/4c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt TODS & TWOS: Plain WG Brown Rice, 1/3c</p>	<p>VEG: Black Beans, 1/2c</p>	<p>VEG: Garbanzo Chickpeas, 1/2c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c</p>
<u>Monday, February 10, 2025</u>	<u>Tuesday, February 11, 2025</u>	<u>Wednesday, February 12, 2025</u>	<u>Thursday, February 13, 2025</u>	<u>Friday, February 14, 2025</u>
<p>Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup, 1pkt Fresh Baby Carrots, 1/4c Fruit Cocktail, 3/8c</p>	<p>Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c</p>	<p>Boar's Head Roasted Turkey Breast Roll, 2oz GF Corn Tortilla Chips, 1/4c Steamed Green Beans, 1/4c Banana, 1/2ea</p>	<p>Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Fresh Baby Carrots, 1/4c Orange Wedges, 4ea</p>	<p>Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup, 1pkt Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pears in Juice, 3/8c</p>
<p>TODS & TWOS Carrot Coins, 1/4c Peaches in Juice, 3/8c</p>	<p>TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c</p>	<p>TODS & TWOS Plain WG Brown Rice, 1/3c</p>	<p>TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8c</p>	<p>TODS & TWOS Peas, Carrots, Green Beans, 1/4c</p>
<p>VEG: Red Beans & Plain WG Brown Rice, 3/4c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt TODS & TWOS: Plain WG Brown Rice, 1/3c</p>	<p>VEG: Black Beans, 1/2c</p>	<p>VEG: Garbanzo Chickpeas, 1/2c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c</p>
<u>Monday, February 17, 2025</u>	<u>Tuesday, February 18, 2025</u>	<u>Wednesday, February 19, 2025</u>	<u>Thursday, February 20, 2025</u>	<u>Friday, February 21, 2025</u>
<p>NAE GF Chicken Tender Strips, 3ea Plain WG Brown Rice, 1/3c Ketchup, 1pkt Fresh Baby Carrots, 1/4c Pineapple Tidbits, 3/8c</p>	<p>Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Steamed Green Beans, 1/4c Banana, 1/2ea</p>	<p>Turkey Nacho Fiesta, 1/4c GF Corn Tortilla Chips, 1/4c Sweet Tender Peas, 1/4c Orange Wedges, 4ea</p>	<p>Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Caesar Salad, 1/2c Gala Apple, 3/8c</p>	<p>Chicken Meatballs w/ Marinara **Chicken Meatballs, 3ea; Marinara** Plain WG Brown Rice, 1/3c Sweet Yellow Corn, 1/4c Peaches in Juice, 3/8c</p>
<p>TODS & TWOS Sweet Tender Peas, 1/4c Peaches in Juice, 3/8c</p>	<p>TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c</p>	<p>TODS & TWOS Plain WG Brown Rice, 1/3c Mandarin Oranges, 3/8c</p>	<p>TODS & TWOS Cinnamon Applesauce, 3/8c Steamed Green Beans, 1/4c</p>	<p>TODS & TWOS Carrot Coins, 1/4c</p>
<p>VEG: Red Beans & Plain WG Brown Rice, 3/4c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt TODS & TWOS: Plain WG Brown Rice, 1/3c</p>	<p>VEG: Black Beans, 1/2c</p>	<p>VEG: Garbanzo Chickpeas, 1/2c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c</p>
<u>Monday, February 24, 2025</u>	<u>Tuesday, February 25, 2025</u>	<u>Wednesday, February 26, 2025</u>	<u>Thursday, February 27, 2025</u>	<u>Friday, February 28, 2025</u>
<p>Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Steamed Green Beans, 1/4c Fruit Cocktail, 3/8c</p>	<p>Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c</p>	<p>Boar's Head Roasted Turkey Breast Roll, 2oz GF Corn Tortilla Chips, 1/4c Fresh Baby Carrots, 1/4c Orange Wedges, 4ea</p>	<p>Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Baby Spinach, 1/2c Banana, 1/2ea</p>	<p>Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pineapple Tidbits, 3/8c</p>
<p>TODS & TWOS Pears in Juice, 3/8c</p>	<p>TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c</p>	<p>TODS & TWOS Plain WG Brown Rice, 1/3c Carrot Coins, 1/4c, Mandarin Oranges, 3/8c</p>	<p>TODS & TWOS Sweet Tender Peas, 1/4c</p>	<p>TODS & TWOS Peas, Carrots, Green Beans, 1/4c Mandarin Oranges, 3/8c</p>
<p>VEG: Red Beans & Plain WG Brown Rice, 3/4c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt TODS & TWOS: Plain WG Brown Rice, 1/3c</p>	<p>VEG: Black Beans, 1/2c</p>	<p>VEG: Garbanzo Chickpeas, 1/2c</p>	<p>VEG: Vegan Black Bean Chili, 1/2c</p>
<p>Portions meet CACFP requirements: 3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit) 6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit)</p>			<p>TOP 9 ALLERGENS: (Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts) **GF** = Gluten Free may contain egg & or milk **WG** = Whole Grain https://ffschildcarecenters.nutrislice.com/</p>	<p>Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.</p>
<p>To see your Nutrislice Menu go to fffood.com, Customers, Menus, scroll to find your schools name OR click link:</p>			<p>https://ffschildcarecenters.nutrislice.com/</p>	<p>Due to quality and demand, items may be subject to change.</p>