

# SPRING ED FEBRUARY 2025

| WEEK 1           |                      |                         |                          |                           |                            |
|------------------|----------------------|-------------------------|--------------------------|---------------------------|----------------------------|
| MEAL PATTERN     | MONDAY               | TUESDAY                 | WEDNESDAY                | THURSDAY                  | FRIDAY                     |
| Dates:           | 2/3/2025             | 2/4/2025                | 2/5/2025                 | 2/6/2025                  | 2/7/2025                   |
| <b>AM SNACK:</b> |                      |                         |                          |                           |                            |
| Milk             | Organic 2% Milk      | Organic 2% Milk         | Organic 2% Milk          | Organic 2% Milk           | Organic 2% Milk            |
| Grain            | Vanilla Yogurt       | WG Spooner Cereal       | WG Oatmeal Cereal Bar    | Oatmeal                   | WG Crispy Rice Cereal      |
| Extra/Protein    |                      |                         |                          |                           |                            |
| <b>LUNCH:</b>    |                      |                         |                          |                           |                            |
|                  | <b>VEGGIE BURGER</b> | <b>TEX MEX</b>          | <b>ORANGE CHICKEN</b>    | <b>PHILLY CHEESESTEAK</b> | <b>SOUP &amp; SANDWICH</b> |
| Fruit            | Diced Peaches        | Applesauce              | Diced Pears              | Mandarin Oranges          | Fruit Mix                  |
| Vegetable        | Sweet peas           | Corn                    | Green Beans              | Tater Tots                | Tomato Soup                |
| Grain            | WG Bun               | Cheddar Grits           | Brown Rice               | WG Roll                   |                            |
| Meat/Meat Alt    | Veggie Burger        | Diced Chicken           | Diced Chicken            | Beef Steak                | Grilled Cheese Sandwich    |
| Extra            |                      | BBQ sauce               | Orange Sauce             | Cheese                    |                            |
| <b>PM SNACK:</b> |                      |                         |                          |                           |                            |
| Fruit            | Clementine           |                         |                          | Diced Mango               | Applesauce                 |
| Vegetable        |                      |                         |                          |                           |                            |
| Grain            | Sunrise Bites        | WG Crackers             | Apple Cinn Graham Bears  |                           | Cinnam WG Graham Crackers  |
| Protein          |                      | Cheese Stick            |                          | Vanilla Yogurt            |                            |
| Extra            |                      |                         |                          | Ranch                     |                            |
| WEEK 2           |                      |                         |                          |                           |                            |
| MEAL PATTERN     | MONDAY               | TUESDAY                 | WEDNESDAY                | THURSDAY                  | FRIDAY                     |
| Dates:           | 2/10/2025            | 2/11/2025               | 2/12/2025                | 2/13/2025                 | 2/14/2025                  |
| <b>AM SNACK:</b> |                      |                         |                          |                           |                            |
| Milk             | Organic 2% Milk      | Organic 2% Milk         | Organic 2% Milk          | Organic 2% Milk           | Organic 2% Milk            |
| Grain            | WG Cereal            | WG Muffin               | WG Waffle                | WG Corn Flakes Cereal     | WG Blueberry Loaf          |
| Extra/Protein    |                      |                         |                          |                           |                            |
| <b>LUNCH:</b>    |                      |                         |                          |                           |                            |
|                  | <b>MAC N CHEESE</b>  | <b>FIESTA RICE BOWL</b> | <b>CHICKEN FRIES</b>     | <b>TURKEY HAM</b>         | <b>FISH FILET</b>          |
| Fruit            | Mandarin Oranges     | Pineapple Tidbits       | Diced Pears              | Fruit Mix                 | Fruit Mix                  |
| Vegetable        | Sweet Peas           | Corn                    | Diced Carrots            | Mashed Potatoes           | Sweet Potato Fries         |
| Grain            |                      | Brown Rice              |                          |                           |                            |
| Meat/Meat Alt    | Mac n Cheese         | Turkey Taco Entrée      | Chicken Fries            | Diced Turkey Ham          | Fish Filet Rectangle       |
| Extra            |                      | Cheese                  |                          |                           |                            |
| <b>PM SNACK:</b> |                      |                         |                          |                           |                            |
| Fruit            |                      | Orange Slices           | Apple Slices             | Diced Mango               | 1/2 Banana                 |
| Vegetable        |                      |                         |                          |                           |                            |
| Grain            | WG Pizza Crackers    | Champ Bite Crackers     | Crackers                 | All Sport Bites           | Education Crackers         |
| Protein          | String Cheese        |                         | Voy Hazelnut Free Spread |                           |                            |

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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| WEEK 3           |                             |                       |                         |                       |                        |
|------------------|-----------------------------|-----------------------|-------------------------|-----------------------|------------------------|
| MEAL PATTERN     | MONDAY                      | TUESDAY               | WEDNESDAY               | THURSDAY              | FRIDAY                 |
| Dates:           | 2/17/2025                   | 2/18/2025             | 2/19/2025               | 2/20/2025             | 2/21/2025              |
| <b>AM SNACK:</b> |                             |                       |                         |                       |                        |
| Milk             | Organic 2% Milk             | Organic 2% Milk       | Organic 2% Milk         | Organic 2% Milk       | Organic 2% Milk        |
| Grain            | WG Cereal                   | WG Mini Bagel         | WG Cereal Oatmeal Bar   | WG Crispy Rice Cereal |                        |
| Extra/Protein    |                             | Cream Cheese          |                         |                       |                        |
| <b>LUNCH:</b>    |                             |                       |                         |                       |                        |
|                  | <b>CRUNCHERS</b>            | <b>TACO TUESDAY</b>   | <b>CHICKEN DRUMMIES</b> | <b>MEATLOAF</b>       | <b>CHEF'S CHOICE</b>   |
| Fruit            | Applesauce                  | Diced Pears           | Pineapple Tidbits       | Diced Peaches         |                        |
| Vegetable        | Mixed Veggies               | Sweet peas            | Green Beans             | Mashed Potatoes       |                        |
| Grain            |                             | WG Tortilla           |                         |                       |                        |
| Meat/Meat Alt    | Pizza Crunchers             | Turkey Taco Entrée    | Chicken Drumsticks      | Meatloaf              |                        |
| Extra            |                             | Cheese                | Signature Sauce         |                       |                        |
| <b>PM SNACK:</b> |                             |                       |                         |                       |                        |
| Fruit            |                             |                       |                         | Applesauce            | <b>DAY!</b>            |
| Vegetable        |                             |                       |                         |                       |                        |
| Grain            | WG Alphabet Crackers        | Vanilla Wafers        | Townhouse Crackers      | Animal Crackers       |                        |
| Protein          | Banana Cinn Chickpea Butter | Strawberry Yogurt     | Cheese Slice            |                       |                        |
| Extra            |                             |                       |                         |                       |                        |
| WEEK 4           |                             |                       |                         |                       |                        |
| MEAL PATTERN     | MONDAY                      | TUESDAY               | WEDNESDAY               | THURSDAY              | FRIDAY                 |
| Dates:           | 2/24/2025                   | 2/25/2025             | 2/26/2025               | 2/27/2025             | 2/28/2025              |
| <b>AM SNACK:</b> |                             |                       |                         |                       |                        |
| Milk             | Organic 2% Milk             | Organic 2% Milk       | Organic 2% Milk         | Organic 2% Milk       | Organic 2% Milk        |
| Grain            | WG Pancake Bites            | WG Toasted Oat Cereal | Oatmeal                 | WG French Toast Stix  | WG Cinnamon Cereal     |
| Extra/Protein    |                             |                       |                         |                       |                        |
| <b>LUNCH:</b>    |                             |                       |                         |                       |                        |
|                  | <b>BRUNCH SAMMY</b>         | <b>PIEROGIES</b>      | <b>CHEESEBURGER</b>     | <b>PIZZA</b>          | <b>CHICKEN POT PIE</b> |
| Fruit            | Diced Pears                 | Diced Peaches         | Diced Pineapple         | Fruit Mix             | Mandarin Oranges       |
| Vegetable        | Diced Carrots               | Broccoli Bites        | Tater Tots              | Green Beans           | Mixed Veggies          |
| Grain            | WG English Muffin           |                       | WG Bun                  | WG Crust              | WG Biscuit             |
| Meat/Meat Alt    | Egg Patty                   | Pierogies             | Beef Patty              | Pizza                 | Diced Chicken          |
| Extra            | Cheese Slice                |                       | Cheese Slice            |                       | Gravy                  |
| <b>PM SNACK:</b> |                             |                       |                         |                       |                        |
| Fruit            |                             | Diced Pears           | Apple Slices            |                       |                        |
| Vegetable        |                             |                       |                         |                       |                        |
| Grain            | Wheat Thins                 | WG Goldfish           |                         | Soft Pretzels         | Churro Crackers        |
| Protein          | String Cheese               |                       | Cheese Cubes            |                       | Vanilla Yogurt         |
| Extra            |                             |                       |                         | Honey Mustard         |                        |

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.  
 2. The fruit component at lunch may be substituted by an additional vegetable.  
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