



February Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	Waffles w/ Syrup, Whole/1% Milk ³	Blueberry Muffins and Whole/1% Milk ⁴	Cinnamon Oatmeal and Whole/1% Milk ⁵	French Toast Sticks w/Syrup, Whole/1% Milk ⁶	Nutrigrain Bars, Whole/1% Milk ⁷
Lunch	Spanish Rice w/ Chicken and Green Beans, Mixed Fruit, Whole/1% Milk	Veggie Burger w/ Cheese on a Bun, Corn, Tropical Fruit, Whole/1% Milk	Chicken Alfredo w/ Cream sauce, Green Beans, Mango, Whole/1% Milk	Vegetable Lasagna, Garlic Bread, Green Peas, Oranges, Whole/1% Milk	Chicken Nuggets, Baked Beans, Peaches, Whole/1% Milk
PM Snack	Sunbutter and Saltine Crackers	Graham Crackers and Whole/1% Milk	Cheez-Its and Raisins	Sunbutter and Saltine Crackers	Cheese Sticks and Graham Crackers
AM Snack	Bagel w/ Cream Cheese, Whole/1% Milk ¹⁰	Buttery Grits, Whole/1% Milk ¹¹	Cornflakes and Whole/1% Milk ¹²	Cheese Toast and Whole/1% Milk ¹³	Cinnamon Oatmeal and Whole/1% Milk ¹⁴
Lunch	Grilled Cheese Sandwiches, Potato Wedges, Applesauce, Whole/1% Milk	Fried Rice with Chicken, Peas, Carrots, Corn and Peaches, Whole/1% Milk	Fish Nuggets, Cole Slaw, Sweet Potato Bites, Mix Fruits, Whole/1% Milk	Turkey Sandwiches, Cucumber Salad, Oranges, Whole/1% Milk	Cheese Pizza, Corn, Pineapple, Whole/1% Milk
PM Snack	Animal Crackers and Whole/1% Milk	Vanilla Wafers and Vanilla Pudding	Goldfish and Raisins	Cheddar Rice Cake and Whole/1% Milk	Saltine Crackers and Sunbutter
AM Snack	School Closed ¹⁷	Pancakes w/Syrup and Whole/1% Milk ¹⁸	Rice Cereal and Whole/1% Milk ¹⁹	Cheese Grits and Whole/1% Milk ²⁰	French Toast Sticks and Whole/1% Milk ²¹
Lunch	Professional Development Day	Tomato Soup, Grilled Cheese Sandwich, Applesauce, Whole/1% Milk	Turkey & Cheese Wrap, Salad w/ Ranch Dressing, Oranges, Whole/1% Milk	Chicken Nuggets, Sweet Potato Bites, Green Peas, Tropical Fruit, Whole/1% Milk	Cheesy Ravioli, Garlic Bread, Corn and Pineapples, Whole/1% Milk
PM Snack		Raisins and Goldfish	Nutrigrain Bar and Whole/1% Milk	Cheez-Its and Applesauce	Slice Cheese and Saltine Crackers
AM Snack	Egg and Cheese English Muffins, Whole/1% Milk ²⁴	Banana Muffin, Whole/1% Milk ²⁵	Chex Cereal and Whole/1% Milk ²⁶	Sausage Biscuit, Whole/1% Milk ²⁷	Multigrain Bars, Whole/1% Milk ²⁸
Lunch	Chicken Sloppy Joe on a Bun, Green Peas, Pineapples, Whole/1% Milk	Diced Chicken and Cheese Quesadillas, Corn, Peaches, Whole/1% Milk	Vegetable Lasagna, Oranges, Whole/1% Milk	Veggie Burgers w/ Cheese, Tossed Salad, Oranges, Whole/1% Milk	Fish Sticks, Salad, Tater Tots, Pineapple, Whole/1% Milk
PM Snack	Caramel Rice Cake and Whole/1% Milk	Soft Pretzels and Applesauce	Sweet Potato Crackers and Hummus	Goldfish and Craisins	Trail Mix with Chex, Raisins and Cherrios
AM Snack					
Lunch					
PM Snack					