

JANUARY MENU 2025

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Mixed Berries	Sliced Strawberries		Blueberries	Clementine
Grain	WG Pancake Bites	Oatmeal		WG French Toast Stix	WG Cinnamon Cereal
Extra/Protein					
LUNCH:					
	CHICKEN DUMPLINGS	CHICKEN NUGGETS	HAPPY	PIZZA	TURKEY CROISSANT SANDWICH
Fruit	Diced Pears	Diced Peaches		Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Broccoli Bites		Green Beans	Mixed Veggies
Grain				WG Crust	WG Croissant
Meat/Meat Alt	Chicken Dumplings	Chicken Nuggets		Pizza	Sliced turkey
Extra					American Cheese
PM SNACK:					
Fruit			NEW YEAR!		
Vegetable				Pita Bread	
Grain	Wheat Thins	WG Goldfish			Churro Crackers
Protein	String Cheese			Cheese Slices	Vanilla Yogurt
Extra					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/6/2025	1/7/2025	1/8/2025	1/9/2025	1/10/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Mango			Frozen Blueberries	1/2 Banana
Grain	Vanilla Yogurt	Strawberry Stuffed Bagels	WG Oatmeal Cereal Bar	Oatmeal	WG Crispy Rice Cereal
Extra/Protein					
LUNCH:					
	RIBLETS	BBQ CHICKEN	ORANGE CHICKEN	PHILLY CHEESESTEAK	SOUP & SANDWICH
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	Fruit Mix
Vegetable	Sweet peas	Corn	Green Beans	Tater Tots	Tomato Soup
Grain			Brown Rice	WG Roll	
Meat/Meat Alt	Beef Riblets	Diced Chicken	Diced Chicken	Beef Steak	Grilled Cheese Sandwich
Extra		BBQ sauce	Orange Sauce	Cheese	
PM SNACK:					
Fruit	Clementine				Apple Butter
Vegetable					
Grain	Sunrise Bites	Oatmeal Bar	Apple Cinn Graham Bears	Granola	Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/13/2025	1/14/2025	1/15/2025	1/16/2025	1/17/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	1/2 Banana	Clementine	Mixed Berries	Sliced Strawberries	Applesauce
Grain	WG Cereal	WG Muffin	WG Waffle	WG Corn Flakes Cereal	WG Blueberry Loaf
Extra/Protein					
LUNCH:					
	MAC N CHEESE	CHICKEN NACHOS	CHICKEN FRIES	TURKEY AND CHEESE WRAP	FISH FILET
Fruit	Mandarin Oranges	Diced Peaches	Diced Pears	Mangos	Fruit Mix
Vegetable	Sweet Peas	Corn	Diced Carrots	Tater Tots	Sweet Potato Fries
Grain		Tortilla Chips			
Meat/Meat Alt	Mac n Cheese	Diced Fajita Chicken	Chicken Fries	Sliced Turkey	Fish Filet Rectangle

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.



JANUARY MENU 2025

Extra		Shredded Cheese			
PM SNACK:					
Fruit		Orange Slices	Apple Slices		1/2 Banana
Vegetable					
Grain	WG Pizza Crackers	Champ Bite Crackers		All Sport Bites	Education Crackers
Protein	String Cheese		Voy Hazelnut Free Spread		
Extra					
WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/20/2025	1/21/2025	1/22/2025	1/23/2025	1/24/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHEF'S
Fruit (Optional)	Fruit of choice		Apple Butter	1/2 Banana	
Grain	WG Cereal	WG Mini Bagel	Rasin Bread	Greek Yogurt	
Extra/Protein		Cream Cheese			
LUNCH:					
	CRUNCHERS	TACO TUESDAY	CHICKEN DRUMMIES	MEATLOAF	CHOICE
Fruit	Applesauce	Diced Pears	Pineapple Tidbits	Diced Peaches	
Vegetable	Mixed Veggies	Sweet peas	Green Beans	Mashed Potatoes	
Grain		WG Tortilla			
Meat/Meat Alt	Pizza Crunchers	Turkey Taco Entrée	Chicken Drummies	Meatloaf	
Extra		Cheese	Signature Sauce		
PM SNACK:					
Fruit				Applesauce	DAY!
Vegetable					
Grain	WG Alphabet Crackers	Vanilla Wafers	Townhouse Crackers	Animal Crackers	
Protein	Banana Cinn Chickpea Butter	Strawberry Yogurt	Cheese Slice		
Extra					
WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/27/2025	1/28/2025	1/29/2025	1/30/2025	1/31/2025
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Mixed Berries	Sliced Strawberries	Blueberries	Applesauce	Clementine
Grain	WG Pancake Bites	WG Toasted Oat Cereal	Oatmeal	WG French Toast Stix	WG Cinnamon Cereal
Extra/Protein					
LUNCH:					
	CHICKEN & WAFFLES	PIEROGIES	CHEESEBURGER	PIZZA	CHICKEN ALFREDO
Fruit	Diced Pears	Diced Peaches	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Broccoli Bites	Tater Tots	Green Beans	Mixed Veggies
Grain	WG Waffles		WG Bun	WG Crust	WG Noodles
Meat/Meat Alt	Chicken	Pierogies	Beef Patty	Pizza	Diced Chicken
Extra			Cheese Slice		Alfredo Sauce
PM SNACK:					
Fruit		Diced Pears	Apple Slices		
Vegetable					
Grain	Wheat Thins	WG Goldfish		Flatbread Slices	Churro Crackers
Protein	String Cheese		Cheese Cubes	Cheese Slices	Vanilla Yogurt
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.