JANUARY MENU 2025

| | | WE | EEK 1 | | |
|------------------------|--|----------------------------|---------------------------------------|----------------------------|-------------------------------|
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 12/30/2024 | 12/31/2024 | 1/1/2025 | 1/2/2025 | 1/3/2025 |
| M SNACK: | | | | , , , , , , , | -,,,, |
| Milk | Whole Milk (age 1) or | Whole Milk (age 1) or | CLOSED | Whole Milk (age 1) or | Whole Milk (age 1) or |
| | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | CLOSED | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+ |
| Fruit (Optional) | Mixed Berries | Sliced Strawberries | | Blueberries | Clementine |
| Grain Extra/Protein | WG Pancake Bites | Oatmeal | | WG French Toast Stix | WG Cinnamon Cereal |
| UNCH: | | | | | |
| JIVOTI. | | 1 | r | | |
| | CHICKEN DUMPLINGS | CHICKEN NUGGETS | HAPPY | PIZZA | TURKEY CROISSANT SANDWHICH |
| Fruit | Diced Pears | Diced Peaches | | Fruit Mix | Mandarin Oranges |
| Vegetable | Diced Carrots | Broccoli Bites | | Green Beans | Mixed Veggies |
| Grain | | | | WG Crust | WG Croissant |
| Meat/Meat Alt | Chicken Dumplings | Chicken Nuggets | | Pizza | Sliced turkey |
| Extra | 1 - 2 | | | | American Cheese |
| M SNACK: | | | 10 | · | |
| Fruit | | | NEW YEAR! | | |
| Vegetable | | | 11217 127111 | Pita Bread | |
| Grain | Wheat Thins | WG Goldfish | | | Churro Crackers |
| Protein | String Cheese | | | Cheese Slices | Vanilla Yogurt |
| Extra | | | | | |
| | | WE | EK 2 | | |
| | | | | | |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 1/6/2025 | 1/7/2025 | 1/8/2025 | 1/9/2025 | 1/10/2025 |
| M SNACK: | | | | | pts. |
| p.e.11 | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or |
| Milk | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+ |
| Fruit (Optional) | Mango | | | Frozen Blueberries | 1/2 Banana |
| Grain | Vanilla Yogurt | Strawberry Stuffed Bagels | WG Oatmeal Cereal Bar | Oatmeal | WG Crispy Rice Cereal |
| Extra/Protein | | | | | |
| UNCH: | | | | | |
| Action 1 | Riblets | BBQ CHICKEN | ORANGE CHICKEN | PHILLY CHEESESTEAK | SOUP & SANDWICH |
| Fruit | Diced Peaches | Applesauce | Diced Pears | Mandarin Oranges | Fruit Mix |
| Vegetable | Sweet peas | Corn | Green Beans | Tater Tots | Tomato Soup |
| Grain | 16/6 | | Brown Rice | WG Roll | |
| Meat/Meat Alt | Beef Riblets | Diced Chicken | Diced Chicken | Beef Steak | Grilled Cheese Sandwich |
| Extra | | BBQ sauce | Orange Sauce | Cheese | |
| M SNACK: | | | · · · · · · · · · · · · · · · · · · · | · | |
| Fruit | Clementine | | | | Apple Butter |
| Vegetable | Cicinentia | | | | rippie botter |
| Grain | Sunrise Bites | Oatmeal Bar | Apple Cinn Graham Bears | Granola | Cinnam WG Graham Cracke |
| Protein | | | | Vanilla Yogurt | |
| | 12 12 11 11 12 12 12 | WE | EK 3 | | |
| MEAL DATTERN | MONDAY | | | TILLDEDAY | FOLDAY |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 1/13/2025 | 1/14/2025 | 1/15/2025 | 1/16/2025 | 1/17/2025 |
| M SNACK: | | | | | |
| Milk | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or |
| | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+ |
| Fruit (Optional) | 1/2 Banana | Clementine | Mixed Berries | Sliced Strawberries | Applesauce |
| Grain | WG Cereal | WG Muffin | WG Waffle | WG Corn Flakes Cereal | WG Blueberry Loaf |
| Extra/Protein | | | | | |
| UNCH: | | | | | |
| | MAC N CHEESE | CHICKEN NACHOS | CHICKEN FRIES | TURKEY AND CHEESE WRAP | FISH FILET |
| Fruit | Mandarin Oranges | Diced Peaches | Diced Pears | Mangos | Fruit Mix |
| Vegetable | Sweet Peas | Corn | Diced Carrots | Tater Tots | Sweet Potato Fries |
| Grain | ====================================== | Tortilla Chips | | | |
| Meat/Meat Alt | Mac n Cheese | Diced Fajita Chicken | Chicken Fries | Sliced Tul | Fish Filet Rectangle |

^{1.} Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

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^{2.} The fruit component at lunch may be substituted by an additional vegetable.

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| Extra | | Shredded Cheese | | | |
|--|---|--|---|--|--|
| M SNACK: | | | | | |
| Fruit | | Orange Slices | Apple Slices | | 1/2 Banana |
| Vegetable | | | | | |
| Grain | WG Pizza Crackers | Champ Bite Crackers | | All Sport Bites | Education Crackers |
| Protein | String Cheese | | Voy Hazelnut Free Spread | | |
| Extra | | | | | |
| | | WE | EK 4 | | |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY |
| Dates: | 1/20/2025 | 1/21/2025 | 1/22/2025 | 1/23/2025 | 1/24/2025 |
| M SNACK: | | | * | | |
| T | Whale Mills (one a) as | Whala Mills (ogo s) os | Whole Milk (age 1) or | Whole Milk (age 1) or | |
| Milk | Whole Milk (age 1) or | Whole Milk (age 1) or Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | CHEF'S |
| Fruit (Optional) | Low/Fat Free Milk (age 2+) Fruit of choice | LOW/Fat Free Milk (age 2+) | Apple Butter | 1/2 Banana | |
| Grain | WG Cereal | WG Mini Bagel | Rasin Bread | Greek Yogurt | |
| Extra/Protein | Wd Celear | Cream Cheese | Rusiii Bredd | Green rogere | |
| UNCH: | | Greath encese | | | |
| ONCH: | | , | ry | | |
| | CRUNCHERS | TACO TUESDAY | CHICKEN DRUMMIES | MEATLOAF | CHOICE |
| Fruit | Applesauce | Diced Pears | Pineapple Tidbits | Diced Peaches | |
| Vegetable | Mixed Veggies | Sweet peas | Green Beans | Mashed Potatoes | |
| Grain | | WG Tortilla | | | |
| Meat/Meat Ait | Pizza Crunchers | Turkey Taco Entrée | Chicken Drummies | Meatloaf | |
| Extra | | Cheese | Signature Sauce | | |
| M SNACK: | | | | | |
| Fruit | | 1 | 1 | Applesauce | DAY! |
| Vegetable | | | | | |
| Grain | WG Alphabet Crackers | Vanilla Wafers | Townhouse Crackers | Animal Crackers | |
| Protein | Banana Cinn Chickpea Butter | Strawberry Yogurt | Cheese Slice | | |
| Extra | | | | | |
| | | WE | EK 5 | | |
| | NO. | | WEDNECDAY | THURCDAY | FRIDAY |
| MEAL PATTERN | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | |
| Dates: | 1/27/2025 | 1/28/2025 | 1/29/2025 | 1/30/2025 | 1/31/2025 |
| M SNACK: | | | | | |
| | | | er en | | |
| Milk | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or | Whole Milk (age 1) or |
| Milk | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+ |
| Fruit (Optional) | Low/Fat Free Milk (age 2+) Mixed Berries | Low/Fat Free Milk (age 2+) Sliced Strawberries | Low/Fat Free Milk (age 2+) Blueberries | Low/Fat Free Milk (age 2+) Applesauce | Low/Fat Free Milk (age 2+ Clementine |
| Fruit (Optional) Grain | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+) | Low/Fat Free Milk (age 2+ |
| Fruit (Optional) | Low/Fat Free Milk (age 2+) Mixed Berries | Low/Fat Free Milk (age 2+) Sliced Strawberries | Low/Fat Free Milk (age 2+) Blueberries | Low/Fat Free Milk (age 2+) Applesauce | Low/Fat Free Milk (age 2+ Clementine |
| Fruit (Optional) Grain | Low/Fat Free Milk (age 2+) Mixed Berries | Low/Fat Free Milk (age 2+) Sliced Strawberries | Low/Fat Free Milk (age 2+) Blueberries | Low/Fat Free Milk (age 2+) Applesauce | Low/Fat Free Milk (age 2+ Clementine |
| Fruit (Optional) Grain Extra/Protein | Low/Fat Free Milk (age 2+) Mixed Berries | Low/Fat Free Milk (age 2+) Sliced Strawberries | Low/Fat Free Milk (age 2+) Blueberries | Low/Fat Free Milk (age 2+) Applesauce | Low/Fat Free Milk (age 2+ Clementine |
| Fruit (Optional) Grain Extra/Protein | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal | Low/Fat Free Milk (age 2+) Blueberries Oatmeal | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES | Low/Fat Free Milk (age 2+) Blueberries Oatmeal CHEESEBURGER | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO |
| Fruit (Optional) Grain Extra/Protein UNCH: | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches | Low/Fat Free Milk (age 2+) Blueberries Oatmeal CHEESEBURGER Diced Pineapple | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit Vegetable | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears Diced Carrots | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches | Low/Fat Free Milk (age 2+) Blueberries Oatmeal CHEESEBURGER Diced Pineapple Tater Tots | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix Green Beans | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges Mixed Veggies |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit Vegetable Grain | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears Diced Carrots WG Waffles | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches Broccoli Bites | CHEESEBURGER Diced Pineapple Tater Tots WG Bun | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix Green Beans WG Crust | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges Mixed Veggies WG Noodles |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit Vegetable Grain Meat/Meat Alt Extra | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears Diced Carrots WG Waffles | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches Broccoli Bites | CHEESEBURGER Diced Pineapple Tater Tots WG Bun Beef Patty | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix Green Beans WG Crust | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges Mixed Veggies WG Noodles Diced Chicken |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit Vegetable Grain Meat/Meat Alt Extra | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears Diced Carrots WG Waffles | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches Broccoli Bites Pierogies | CHEESEBURGER Diced Pineapple Tater Tots WG Bun Beef Patty Cheese Slice | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix Green Beans WG Crust | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges Mixed Veggies WG Noodles Diced Chicken |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Fruit | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears Diced Carrots WG Waffles | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches Broccoli Bites | CHEESEBURGER Diced Pineapple Tater Tots WG Bun Beef Patty | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix Green Beans WG Crust | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges Mixed Veggies WG Noodles Diced Chicken |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Fruit Vegetable | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears Diced Carrots WG Waffles Chicken | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches Broccoli Bites Pierogies Diced Pears | CHEESEBURGER Diced Pineapple Tater Tots WG Bun Beef Patty Cheese Slice | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix Green Beans WG Crust Pizza | Low/Fat Free Mills (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges Mixed Veggies WG Noodles Diced Chicken Alfredo Sauce |
| Fruit (Optional) Grain Extra/Protein UNCH: Fruit Vegetable Grain Meat/Meat Alt Extra PM SNACK: Fruit | Low/Fat Free Milk (age 2+) Mixed Berries WG Pancake Bites CHICKEN & WAFFLES Diced Pears Diced Carrots WG Waffles | Low/Fat Free Milk (age 2+) Sliced Strawberries WG Toasted Oat Cereal PIEROGIES Diced Peaches Broccoli Bites Pierogies | CHEESEBURGER Diced Pineapple Tater Tots WG Bun Beef Patty Cheese Slice | Low/Fat Free Milk (age 2+) Applesauce WG French Toast Stix PIZZA Fruit Mix Green Beans WG Crust | Low/Fat Free Milk (age 2+ Clementine WG Cinnamon Cereal CHICKEN ALFREDO Mandarin Oranges Mixed Veggies WG Noodles Diced Chicken |



The fruit component at lunch may be substituted by an additional vegetable.

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