



Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
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2 Groundhog Day	3 Chicken Breast Chunks Brown Rice on Chiken stock/broth Skillet Zucchini and Yellow Squash Unsweetened Applesauce	4 Shepherd's Pie with Ground Beef Organic Peas and Carrots and Fresh Mash Potato Baked with Bread Crumbles on top Fresh Organic Fruits	5 Baked Cheesy Chicken Taquito Buttery Sweet Corn Salad with Lime and Sour Cream Sauce Fresh Organic Fruits	6 Homemade Lasagna with Meat and Spinach-Ricotta Dinner Roll Fresh Organic Fruits	7 PIZZA	8
9	10 Chicken Alfredo Pasta with Organic Broccolis and Shredded Cheese on top Unsweetened Applesauce	11 Breaded Fish/Fish Sticks Lemon Garlic Pasta Skillet with Green Beans Soft Roll Fresh Organic Fruits	12 Stir Fry Steak Steamed Baby Carrots Enriched Jasmine White Rice Fresh Organic Fruits	13 Diced Chicken Pasta On Butter Organic Petite Peas Fresh Organic Fruits	14 PIZZA	15
16	17 CLOSED PROFESSIONAL DEVELOPMENT DAY	18 Chicken Quesadilla Soft flour tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns on the side Fresh Organic Fruits	19 Creamy Mac & Cheese (with Butternut Squash on the Sauce) and oven baked Diced Chicken Fresh Organic Fruits	20 Ground Beef Stroganoff Enriched with Mixed Vegetables Egg Noodles Fresh Organic Fruits	21 PIZZA	22
23	24 Monday Brunch Mini Pancakes with Sugar-Free Jelly, Egg Muffins with Spinach and Turkey, Turkey Sausage and Baked Potatoes Milk and Cookies	25 Homemade Tempura Chicken Nuggets Steamed Broccoli Enriched Jasmine White Rice Fresh Organic Fruits	26 Burger Party Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese, Potato Tots with Cauliflower Fresh Organic Fruits	27 COLD MEAL - TACOS Diced Chicken, Shredded Cheese Shredded Lettuce, Diced Tomato Sweet Corn, Black Beans Corn or Flour Tortillas Fresh Organic Fruits	28 PIZZA	