

CHESTERBROOK ACADEMY JANUARY 2025

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025
AM SNACK:					
Milk	Milk 1%	Milk 1%	CLOSED	Milk 1%	Milk 1%
Fruit (Optional)	Mixed Berries	Sliced Strawberries		Applesauce	Clementine
Grain	WG Pancake Bites	WG Toasted Oat Cereal		WG French Toast Stix	WG Cinnamon Toast Crunch Cereal
Extra/Protein					
LUNCH:					
	BRUNCH SAMMY	Chicken Nuggets	HAPPY	PIZZA	CHICKEN POT PIE
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Diced Pears	Diced Peaches		Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Sweet Potato Fries		Green Beans	Mixed Veggies
Grain	WG English Muffin			WG Crust	WG Biscuit
Meat/Meat Alt	Egg Patty	Chicken Nuggets		Pizza	Diced Chicken
Extra	Cheese Slice				Gravy
PM SNACK:					
Fruit		Diced Pears	NEW YEAR!		
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish			Churro Crackers
Protein	String Cheese				Vanilla Yogurt
Extra				Ranch	
	Water	Water		Water	Water
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/6/2025	1/7/2025	1/8/2025	1/9/2025	1/10/2025
AM SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)				Frozen Blueberries	1/2 Banana
Grain	Granola	WG Spooner Cereal	WG Oatmeal Cereal Bar	Oatmeal	WG Crispy Rice Cereal
Extra/Protein	Vanilla Yogurt				
LUNCH:					
	CHICKEN SANDWICH	CHICKEN DRUMMIE	ORANGE CHICKEN	PHILLY CHEESESTEAK	SOUP & SANDWICH
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	Fruit Mix
Vegetable	Sweet peas	Corn	Green Beans	Tater Tots	Tomato Soup
Grain	WG Bun		Brown Rice	WG Roll	
Meat/Meat Alt	Chicken Patty	Chicken Drummie	Diced Chicken	Beef Steak	Grilled Cheese Sandwich
Extra		BBQ	Orange Sauce	Cheese	
PM SNACK:					
Fruit	Clementine				Applesauce
Vegetable		Cucumber Slices/Ranch			
Grain	Sunrise Bites	WG Crackers	Apple Cinn Graham Bears	Granola	Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
	Water	Water	Water	Water	Water
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/13/2025	1/14/2025	1/15/2025	1/16/2025	1/17/2025
AM SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)	1/2 Banana	Clementine	Mixed Berries	Sliced Strawberries	Applesauce
Grain	WG Cereal	WG Muffin	WG Waffle	WG Corn Flakes Cereal	WG Blueberry Loaf
Extra/Protein					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
 Page 1 of 2



CHESTERBROOK ACADEMY JANUARY 2025

LUNCH:					
	MAC N CHEESE	CHICKEN TACOS	CHICKEN FRIES	TURKEY HAM	FISH FILET
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Fruit Mix	Fruit Mix
Vegetable	Sweet Peas	Corn	Diced Carrots	Mashed Potatoes	Sweet Potato Fries
Grain		Brown Rice			
Meat/Meat Alt	Mac n Cheese	Diced Chicken	Chicken Fries	Diced Turkey Ham	Fish Filet Rectangle
Extra		Cheese			

PM SNACK:					
Fruit		Orange Slices	Apple Slices	Diced Mango	1/2 Banana
Vegetable					
Grain	Club Cracker	Champ Bite Crackers		All Sport Bites	Education Crackers
Protein	String Cheese		Voy Hazelnut Free Spread		
Extra	Water	Water	Water	Water	Water

WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/20/2025	1/21/2025	1/22/2025	1/23/2025	1/24/2025

AM SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	CHEF'S
Fruit (Optional)	Fruit of choice			1/2 Banana	
Grain	WG Cereal	WG Mini Bagel	WG Cereal Oatmeal Bar	WG Crispy Rice Cereal	
Extra/Protein		Cream Cheese			

LUNCH:					
	CRUNCHERS	TACO TUESDAY	CHICKEN DRUMMIES	MEATLOAF	CHOICE
Fruit	Applesauce	Diced Pears	Pineapple Tidbits	Diced Peaches	
Vegetable	Mixed Veggies	Sweet peas	Green Beans	Mashed Potatoes	
Grain		WG Tortilla			
Meat/Meat Alt	Pizza Crunchers	Turkey Taco Entrée	Chicken Drumsticks	Meatloaf	
Extra		Cheese	Signature Sauce		

PM SNACK:					
Fruit				Applesauce	DAY!
Vegetable					
Grain	WG Alphabet Crackers	Vanilla Wafers	Townhouse Crackers	Animal Crackers	
Protein	Banana Cinn Chickpea Butter	Strawberry Yogurt	Cheese Slice		
Extra					

WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	1/27/2025	1/28/2025	1/29/2025	1/30/2025	1/31/2025

AM SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)	Mixed Berries	Sliced Strawberries	Blueberries	Applesauce	Clementine
Grain	WG Pancake Bites	WG Toasted Oat Cereal	Oatmeal	WG French Toast Stix	WG Cinnamon Cereal
Extra/Protein					

LUNCH:					
	BRUNCH SAMMY		CHEESEBURGER	PIZZA	CHICKEN POT PIE
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Diced Pears	Diced Peaches	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Sweet Potato Fries	Tater Tots	Green Beans	Mixed Veggies
Grain	WG English Muffin		WG Bun	WG Crust	WG Biscuit
Meat/Meat Alt	Egg Patty	Chicken Nuggets	Beef Patty	Pizza	Diced Chicken
Extra	Cheese Slice		Cheese Slice		Gravy

PM SNACK:					
Fruit		Diced Pears	Apple Slices		
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish			Churro Crackers
Protein	String Cheese		Cheese Cubes		Vanilla Yogurt
Extra	Water	Water	Water	Ranch Water	Water

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
 Page 2 of 2

