

Fairfax Food Service

January 2025

LK Lunch Menu - Top 9 Allergen Free

Monday, December 30, 2024	Tuesday, December 31, 2024	Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025
		FFS CLOSED	Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Baby Spinach, 1/2c Banana, 1/2ea TODS & TWOS Sweet Tender Peas, 1/4c VEG: Garbanzo Chickpeas, 1/2c	Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pineapple Tidbits, 3/8c TODS & TWOS Peas, Carrots, Green Beans, 1/4c Mandarin Oranges, 3/8c VEG: Vegan Black Bean Chili, 1/2c
Monday, January 6, 2025 Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Sweet Tender Peas, 1/4c Cinnamon Applesauce, 3/8c VEG: Red Beans & Plain WG Brown Rice, 3/4c	Tuesday, January 7, 2025 Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Mixed Greens Salad, 1/2c Banana, 1/2ea TODS & TWOS Peas, Carrots, Green Beans, 1/4c Plain WG Brown Rice, 1/3c (Fritos) VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt	Wednesday, January 8, 2025 Turkey Nacho Fiesta, 1/4c GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c TODS & TWOS Plain WG Brown Rice, 1/3c Carrot Coins, 1/4c VEG: Black Beans, 1/2c	Thursday, January 9, 2025 Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c TODS & TWOS Cinnamon Applesauce, 3/8c VEG: Garbanzo Chickpeas, 1/2c	Friday, January 10, 2025 Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Mixed Greens Salad, 1/2c Orange Wedges, 4ea TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8c VEG: Vegan Black Bean Chili, 1/2c
Monday, January 13, 2025 Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup, 1pkt Fresh Baby Carrots, 1/4c Fruit Cocktail, 3/8c TODS & TWOS Carrot Coins, 1/4c Peaches in Juice, 3/8c VEG: Red Beans & Plain WG Brown Rice, 3/4c	Tuesday, January 14, 2025 Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c Plain WG Brown Rice, 1/3c (Fritos) VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt	Wednesday, January 15, 2025 Boar's Head Roasted Turkey Breast Roll, 2oz GF Corn Tortilla Chips, 1/4c Steamed Green Beans, 1/4c Banana, 1/2ea TODS & TWOS Plain WG Brown Rice, 1/3c VEG: Black Beans, 1/2c	Thursday, January 16, 2025 Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Fresh Baby Carrots, 1/4c Orange Wedges, 4ea TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8c VEG: Garbanzo Chickpeas, 1/2c	Friday, January 17, 2025 Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup, 1pkt Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pears in Juice, 3/8c TODS & TWOS Peas, Carrots, Green Beans, 1/4c VEG: Vegan Black Bean Chili, 1/2c
Monday, January 20, 2025 CBA CLOSED	Tuesday, January 21, 2025 Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Steamed Green Beans, 1/4c Banana, 1/2ea TODS & TWOS Plain WG Brown Rice, 1/3c (Fritos) VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt	Wednesday, January 22, 2025 Turkey Nacho Fiesta, 1/4c GF Corn Tortilla Chips, 1/4c Sweet Tender Peas, 1/4c Orange Wedges, 4ea TODS & TWOS Plain WG Brown Rice, 1/3c Mandarin Oranges, 3/8c VEG: Black Beans, 1/2c	Thursday, January 23, 2025 Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Caesar Salad, 1/2c Gala Apple, 3/8c TODS & TWOS Cinnamon Applesauce, 3/8c Steamed Green Beans, 1/4c VEG: Garbanzo Chickpeas, 1/2c	Friday, January 24, 2025 Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup, 1pkt Sweet Yellow Corn, 1/4c Peaches in Juice, 3/8c TODS & TWOS Carrot Coins, 1/4c VEG: Vegan Black Bean Chili, 1/2c
Monday, January 27, 2025 Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Steamed Green Beans, 1/4c Fruit Cocktail, 3/8c TODS & TWOS Pears in Juice, 3/8c VEG: Red Beans & Plain WG Brown Rice, 3/4c	Tuesday, January 28, 2025 Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c Plain WG Brown Rice, 1/3c (Fritos) VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt	Wednesday, January 29, 2025 Boar's Head Roasted Turkey Breast Roll, 2oz GF Corn Tortilla Chips, 1/4c Fresh Baby Carrots, 1/4c Orange Wedges, 4ea TODS & TWOS Plain WG Brown Rice, 1/3c Carrot Coins, 1/4c Mandarin Oranges, 3/8c VEG: Black Beans, 1/2c	Thursday, January 30, 2025 Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup, 1pkt Baby Spinach, 1/2c Banana, 1/2ea TODS & TWOS Sweet Tender Peas, 1/4c VEG: Garbanzo Chickpeas, 1/2c	Friday, January 31, 2025 Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pineapple Tidbits, 3/8c TODS & TWOS Peas, Carrots, Green Beans, 1/4c Mandarin Oranges, 3/8c VEG: Vegan Black Bean Chili, 1/2c

Portions meet CACFP requirements:
 3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit)
 6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit)

TOP 9 ALLERGENS:
 (Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts)
 GF = Gluten Free may contain egg & or milk
 WG = Whole Grain
<https://ffschoolcarecenters.nutrislice.com/>

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

To see your Nutrislice Menu go to ffschoolcarecenters.nutrislice.com. Customers, Menus, scroll to find your schools name OR click link:

Due to quality and demand, items may be subject to change.