

December 2024 Menu

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
Breakfast: 8:00-8:30am					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana
Grain	English Muffin	Blueberry Muffin	WG Bread		WG Cereal
Extra/Protein	Cream Cheese		Egg Patty	Pancakes	
LUNCH: 11:30-12:00pm					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Pineapple Tidbits	Pears	Strawberries	Mandarin Oranges	Peaches
Vegetable	Corn	Green Beans	Zucchini	Sweet Potato Tots	
Grain			WG Macaroni Pasta	WG Bread	
Meat/Meat Alt	Pierogies	Hot Dogs	Turkey Ham	Hamburger	Fish Sticks
Extra		Baked Beans	Cheese Sauce		Ketchup
PM SNACK: 2:30-3:00pm					
Milk/Water					
Fruit		Fresh Apples	Blueberries	1/2 Banana	
Vegetable					
Grain	Pretzels			Cheese Itz	Townhouse Crackers
Meat/Meat Alternate	Cheese Cubes	Sunbutter			String Cheese
Extra			Yogurt		
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
Breakfast: 8:00-8:30am					
Milk		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana
Grain	English Muffin	Banana Muffin	WG Bread	French Toast	Cereal
Extra/Protein	Cream Cheese		Turkey Sausage Patty		
LUNCH: 11:30-12:00pm					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Blueberries	Diced Peaches	Blueberries	Pineapples
Vegetable	Green Beans	Sweet Potato Tots	Zucchini	Broccoli	Tomato Soup
Grain				WG Rice	
Meat/Meat Alt	Meatloaf	Chicken Nuggets	Ravioli	Chicken	Grilled Turkey Ham & Cheese
Extra		Ketchup	Pasta Sauce	Cream of Chicken	
PM SNACK: 2:30-3:00pm					
Milk/Water					
Fruit		Fresh Apples	Blueberries	1/2 Banana	
Vegetable					
Grain	Pretzels		Goldfish		Pretzels
Meat/Meat Alternate	Cheese Cubes			Yogurt	String Cheese
Extra		Sunbutter			

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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December 2024 Menu

WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
Breakfast: 8:00-8:30am					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana
Grain	English Muffin	Blueberry Muffins	WG Bread		Cereal
Extra/Protein	Cream Cheese		Turkey Sausage Patty	Pancakes	
LUNCH: 11:30-12:00pm					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Pineapples	Strawberries	Diced Peaches	Mandarin Oranges	Blueberries
Vegetable	Sweet Potato Tots	Mashed Potatoes	Zucchini	String Beans	Broccoli
Grain			WG Spaghetti Pasta	WG Bun	
Meat/Meat Alt	Chicken Nuggets	Diced Ham	Veggie Crumbles	Chicken Patty	Fish Sticks
Extra	Ketchup	Gravy	Pasta Sauce		
PM SNACK: 2:30-3:00pm					
Milk/Water					
Fruit		Fresh Apples	Blueberries	1/2 Banana	
Vegetable					
Grain	Pretzels			Cheese Itz	Townhouse Crackers
Meat/Meat Alternate	Cheese Cubes	Sunbutter			String Cheese
Extra			Yogurt		
WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024
Breakfast: 8:00-8:30am					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana
Grain	English Muffin	Banana Muffin	WG Bread	French Toast	Cereal
Extra/Protein	Cream Cheese		Egg patty		
LUNCH: 11:30-12:00pm					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Pears			Pineapples	Peaches
Vegetable	Sweet Potato Tots			Broccoli	Green Beans
Grain				WG Rice	
Meat/Meat Alt	Pizza			Chicken	Meatloaf
Extra				Cream of Chicken	
PM SNACK: 2:30-3:00pm					
Milk/Water					
Fruit		Fresh Apples	Blueberries	1/2 Banana	
Vegetable					
Grain	Pretzels			Cheese Itz	Townhouse Crackers
Meat/Meat Alternate	Cheese Cubes	Sunbutter			String Cheese
Extra			Yogurt		

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

December 2024 Menu

WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025
Breakfast: 8:00-8:30am					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit	Strawberries		Blueberries	1/2 Banana
Grain	English Muffin	Blueberry Muffins			Cereal
Extra/Protein	Cream Cheese			Pancakes	
LUNCH: 11:30-12:00pm					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Happy New Year!	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Strawberries		Mandarin Oranges	Blueberries
Vegetable	Sweet Potato Tots	Zucchini		String Beans	Broccoli
Grain	WG Bun	Pierogies		Chicken Nuggets	
Meat/Meat Alt	Chicken Patty				Chicken Egg Rolls
Extra	Ketchup				
PM SNACK: 2:30-3:00pm					
Milk/Water					
Fruit		Fresh Apples		1/2 Banana	
Vegetable					
Grain	Pretzels				Townhouse Crackers
Meat/Meat Alternate	Cheese Cubes	Sunbutter		Yogurt	String Cheese

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.