December 2024 Menu

		W	'EEK 1		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
Breakfast: 8:00-8:30am					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana
Grain	English Muffin	Blueberry Muffin	WG Bread		WG Cereal
Extra/Protein	Cream Cheese		Egg Patty	Pancakes	
LUNCH: 11:30-12:00pm					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Pineapple Tidbits	Pears	Strawberries	Mandarin Oranges	Peaches
Vegetable	Corn	Green Beans	Zuchinni	Sweet Potato Tots	
Grain			WG Macaroni Pasta	WG Bread	
Meat/Meat Alt	Pierogies	Hot Dogs	Turkey Ham	Hamburger	Fish Sticks
Extra		Baked Beans	Cheese Sauce		Ketchup
PM SNACK: 2:30-3:00pm					
Milk/Water					
Fruit		Fresh Apples	Blueberries	1/2 Banana	
Vegetable					
Grain	Pretzels			Cheese Itz	Townhouse Crackers
Meat/Meat Alternate Extra	Cheese Cubes	Sunbutter	Yoqurt		String Cheese
		W	'EEK 2		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
Breakfast: 8:00-8:30am					
Milk		Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana
Grain	English Muffin	Banana Muffin	WG Bread	French Toast	Cereal
Extra/Protein	Cream Cheese		Turkey Sasuage Patty		
.UNCH: 11:30-12:00pm					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Pears	Blueberries	Diced Peaches	Blueberries	Pineapples
Vegetable					11
	Green Beans	Sweet Potato Tots	Zuchinni	Broccoli	Tomato Soup
Grain	Green Beans	Sweet Potato Tots	Zuchinni	Broccoli WG Rice	Tomato Soup
Grain Meat/Meat Alt	Green Beans Meatloaf	Sweet Potato Tots Chicken Nuggets	Zuchinni Ravioli		Tomato Soup Grilled Turkey Ham & Cheese
				WG Rice	I
Meat/Meat Alt Extra		Chicken Nuggets	Ravioli	WG Rice Chicken	I
Meat/Meat Alt Extra		Chicken Nuggets	Ravioli	WG Rice Chicken	
Meat/Meat Alt Extra PM SNACK: 2:30-3:00pm		Chicken Nuggets	Ravioli	WG Rice Chicken	I
Meat/Meat Alt Extra PM SNACK: 2:30-3:00pm Milk/Water		Chicken Nuggets Ketchup	Ravioli Pasta Sauce	WG Rice Chicken Cream of Chicken	I
Meat/Meat Alt Extra PM SNACK: 2:30-3:00pm Milk/Water Fruit Vegetable Grain	Meatloaf Pretzels	Chicken Nuggets Ketchup	Ravioli Pasta Sauce	WG Rice Chicken Cream of Chicken	1
Meat/Meat Alt Extra PM SNACK: 2:30-3:00pm Milk/Water Fruit Vegetable	Meatloaf	Chicken Nuggets Ketchup	Ravioli Pasta Sauce Blueberries	WG Rice Chicken Cream of Chicken	Grilled Turkey Ham & Cheese



Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 The fruit component at lunch may be substituted by an additional vegetable.

I ne truit component at lunch may be substituted by an additional vegetable.
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December 2024 Menu

WEEK 3								
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Dates:	12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024			
Breakfast: 8:00-8:30am								
Maille	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or			
Milk	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)			
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana			
Grain	English Muffin	Blueberry Muffins	WG Bread		Cereal			
Extra/Protein	Cream Cheese		Turkey Sasuage Patty	Pancakes				
UNCH: 11:30-12:00pm								
Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or			
MIIK	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)			
Fruit	Pineapples	Strawberries	Diced Peaches	Mandarin Oranges	Blueberries			
Vegetable	Sweet Potato Tots	Mashed Potatos	Zuchinni	String Beans	Broccoli			
Grain			WG Spaghetti Pasta	WG Bun				
Meat/Meat Alt	Chicken Nuggets	Diced Ham	Veggie Crumbles	Chicken Patty	Fish Sticks			
Extra	Ketchup	Gravy	Pasta Sauce					
M SNACK: 2:30-3:00pm								
Milk/Water Fruit		Fresh Apples	Blueberries	ala Panana				
Vegetable		Fresh Apples	Divebennes	1/2 Banana				
2								
Grain	Pretzels			Cheese Itz	Townhouse Crackers			
Meat/Meat Alternate	Cheese Cubes	Sunbutter			String Cheese			
Extra			Yogurt					
			EEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY			
Dates:	12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024			
Breakfast: 8:00-8:30am								
Milk	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or	Whole Milk (age 1) or			
Milk	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)			
Fruit/Vegetable	Fruit	Strawberries	Fresh Oranges	Blueberries	1/2 Banana			
Grain	English Muffin	Banana Muffin	WG Bread	French Toast	Cereal			
Extra/Protein	Cream Cheese		Egg patty					
UNCH: 11:30-12:00pm								
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)			
Fruit	Pears			Pineapples	Peaches			
		-						
Vegetable	Sweet Potato Tots			Broccoli	Green Beans			
Grain Meat/Meat Alt		4		WG Rice				
Maat/Maat Alt	D :			Chicken	Meatloaf			
	Pizza							
Extra	Pizza			Cream of Chicken				
Extra	Pizza			Cream of Chicken				
Extra	Pizza			Cream of Chicken				
Extra PM SNACK: 2:30-3:00pm	Pizza	Fresh Apples	Blueberries	Cream of Chicken 1/2 Banana				
Extra PM SNACK: 2:30-3:00pm Milk/Water	Pizza	Fresh Apples	Blueberries					
Extra PM SNACK: 2:30-3:00pm Milk/Water Fruit	Pizza Pizza Pretzels	Fresh Apples	Blueberries		Townhouse Crackers			
Extra PM SNACK: 2:30-3:00pm Milk/Water Fruit Vegetable		Fresh Apples	Blueberries	1/2 Banana	Townhouse Crackers String Cheese			



The fruit component at lunch may be substituted by an additional vegetable.
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December 2024 Menu

WEEK 5							
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY		
Dates:	12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025		
Breakfast: 8:00-8:30am							
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Fruit/Vegetable	Fruit	Strawberries		Blueberries	1/2 Banana		
Grain	English Muffin	Blueberry Muffins			Cereal		
Extra/Protein	Cream Cheese			Pancakes			
LUNCH: 11:30-12:00pm							
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Happy New Year!	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Fruit	Diced Pears	Strawberries		Mandarin Oranges	Blueberries		
Vegetable	Sweet Potato Tots	Zuchinni		String Beans	Broccoli		
Grain	WG Bun	Pierogies		Chicken Nuggets			
Meat/Meat Alt	Chicken Patty				Chicken Egg Rolls		
Extra	Ketchup						
PM SNACK: 2:30-3:00pm							
Milk/Water							
Fruit		Fresh Apples		1/2 Banana			
Vegetable							
Grain	Pretzels				Townhouse Crackers		
Meat/Meat Alternate	Cheese Cubes	Sunbutter		Yogurt	String Cheese		