

SPRING ED DECEMBER 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)					
Grain	WG Pancake Bites	WG Cereal Cereal	Oatmeal	WG French Toast Stix	WG Cereal
Extra/Protein					
LUNCH:					
	BRUNCH SAMMY	PIEROGIES	CHEESEBURGER	PIZZA	
Fruit	Diced Pears	Diced Peaches	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Broccoli Bites	Tater Tots	Green Beans	Salad
Grain	WG English Muffin		WG Bun	WG Crust	
Meat/Meat Alt	Turkey Sausage	Pierogies	Beef Patty	Pizza	Chicken Nuggets
Extra	Cheese Slice		Cheese Slice		Ranch
PM SNACK:					
Fruit			Apple Slices		
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish			
Protein	String Cheese		Cheese Cubes		Vanilla Yogurt
Extra				Ranch	
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)					
Grain	Vanilla Yogurt	WG Cereal	WG Oatmeal Cereal Bar	Oatmeal	WG Cereal
Extra/Protein					
LUNCH:					
	Spaghetti	TEX MEX	ORANGE CHICKEN	Fish Shapes	SOUP & SANDWICH
Fruit	Diced Peaches	Sliced Strawberries	Diced Pears	Banana	Fruit Mix
Vegetable	Green Beans	Corn	Green Beans	Tater Tots	Tomato Soup
Grain	WG Noodles	Cheddar Grits	Brown Rice		
Meat/Meat Alt	Veggie Crumbles	Diced Chicken	Diced Chicken	Fish Shapes	Grilled Cheese Sandwich
Extra	Marinera Sauce	BBQ sauce	Orange Sauce		
PM SNACK:					
Fruit					Banana
Vegetable		Cucumber Slices/Ranch			
Grain	Sunrise Bites	WG Crackers	Goldfish		Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)					
Grain	WG Cereal	WG Muffin	WG Waffle	WG Cereal	WG Blueberry Loaf
Extra/Protein					
LUNCH:					
	MAC N CHEESE	FIESTA RICE BOWL	CHICKEN FRIES	TURKEY HAM	FISH FILET
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Fruit Mix	Blueberries
Vegetable	Sweet Peas	Corn	Diced Carrots	Mashed Potatoes	Corn
Grain		Brown Rice			
Meat/Meat Alt	Mac n Cheese	Turkey Taco Entrée	Chicken Fries	Diced Turkey Ham	Fish Filet Rectangle
Extra		Cheese			
PM SNACK:					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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Fruit			Apple Slices		
Vegetable					
Grain	WG Pizza Crackers	Yogurt		Saltine Crackers	Education Crackers
Protein			Sunbutter	Cheese	
Extra					

WEEK 4

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024

AM SNACK:

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHEF'S
Fruit (Optional)					
Grain	WG Cereal			WG Cereal	
Extra/Protein					

LUNCH:

	CRUNCHERS	HAPPY	HAPPY	Chicken Nuggets	CHOICE
Fruit	Applesauce			Diced Peaches	
Vegetable	Green Beans			Mashed Potatoes	
Grain					
Meat/Meat Alt	Pizza			Chicken Nuggets	
Extra					

PM SNACK:

Fruit		HOLIDAYS!	HOLIDAYS!		DAY!
Vegetable					
Grain	WG Alphabet Crackers			Animal Crackers	
Protein					
Extra					

WEEK 5

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/30/2024	12/31/2024	1/1/2025	1/2/2025	1/3/2025

AM SNACK:

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)					
Grain	WG Pancake Bites	WG Cereal		Yogurt	WG Cereal
Extra/Protein					

LUNCH:

	BRUNCH SAMMY		HAPPY		Pizza
Fruit	Applesauce	Diced Peaches		Sliced Strawberries	Applesauce
Vegetable	Diced Carrots	Salad		Peas	Salad
Grain	WG English Muffin			Rice	
Meat/Meat Alt	Turkey Sausage	Sunbutter & Jelly Sand		Diced Chicken	Pizza
Extra	Cheese Slice				Ranch

PM SNACK:

Fruit			NEW YEAR	Appleslices	Banana
Vegetable					
Grain	Crackers	Graham Crackers			
Protein	String Cheese			Sunbutter	Wheat Thins
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.