

Fairfax Food Service

December 2024

LK Lunch Menu - Top 9 Allergen Free

Monday, December 2, 2024	Tuesday, December 3, 2024	Wednesday, December 4, 2024	Thursday, December 5, 2024	Friday, December 6, 2024
Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Steamed Green Beans, 1/4c Fruit Cocktail, 3/8c	Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c	Boar's Head Roasted Turkey Breast Roll, 2oz GF Corn Tortilla Chips, 1/4c Fresh Baby Carrots, 1/4c Orange Wedges, 4ea	Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup Baby Spinach, 1/2c Banana, 1/2ea	Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pineapple Tidbits, 3/8c
TODS & TWOS Pears in Juice, 3/8c	TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c Plain WG Brown Rice, 1/3c (Fritos)	TODS & TWOS Plain WG Brown Rice, 1/3c Carrot Coins, 1/4c Mandarin Oranges, 3/8c	TODS & TWOS Sweet Tender Peas, 1/4c	TODS & TWOS Peas, Carrots, Green Beans, 1/4c Mandarin Oranges, 3/8c
VEG: Red Beans & Plain WG Brown Rice, 3/4c	VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt	VEG: Black Beans, 1/2c	VEG: Garbanzo Chickpeas, 1/2c	VEG: Vegan Black Bean Chili, 1/2c
Monday, December 9, 2024	Tuesday, December 10, 2024	Wednesday, December 11, 2024	Thursday, December 12, 2024	Friday, December 13, 2024
Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Sweet Tender Peas, 1/4c Cinnamon Applesauce, 3/8c	Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Mixed Greens Salad, 1/2c Banana, 1/2ea	New! Turkey Nacho Fiesta, 1/4c GF Corn Tortilla Chips, 1/4c Sweet Yellow Corn, 1/4c Pears in Juice, 3/8c	Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup Steamed Green Beans, 1/4c Golden Delicious Apple, 3/8c	Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Mixed Greens Salad, 1/2c Orange Wedges, 4ea
TODS & TWOS Pears in Juice, 3/8c	TODS & TWOS Peas, Carrots, Green Beans, 1/4c Plain WG Brown Rice, 1/3c (Fritos)	TODS & TWOS Plain WG Brown Rice, 1/3c Carrot Coins, 1/4c	TODS & TWOS Cinnamon Applesauce, 3/8c	TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8c
VEG: Red Beans & Plain WG Brown Rice, 3/4c	VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt	VEG: Black Beans, 1/2c	VEG: Garbanzo Chickpeas, 1/2c	VEG: Vegan Black Bean Chili, 1/2c
Monday, December 16, 2024	Tuesday, December 17, 2024	Wednesday, December 18, 2024	Thursday, December 19, 2024	Friday, December 20, 2024
Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Fresh Baby Carrots, 1/4c Fruit Cocktail, 3/8c	Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c	Boar's Head Roasted Turkey Breast Roll, 2oz GF Corn Tortilla Chips, 1/4c Steamed Green Beans, 1/4c Banana, 1/2ea	Cookout Beef Burger, 1ea Plain Quinoa, 1/3c Ketchup Fresh Baby Carrots, 1/4c Orange Wedges, 4ea	Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Peas, Carrots, Green Beans, Corn, Lima Bean, 1/4c Pears in Juice, 3/8c
TODS & TWOS Carrot Coins, 1/4c Peaches in Juice, 3/8c	TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c Plain WG Brown Rice, 1/3c (Fritos)	TODS & TWOS Plain WG Brown Rice, 1/3c	TODS & TWOS Carrot Coins, 1/4c Mandarin Oranges, 3/8c	TODS & TWOS Peas, Carrots, Green Beans, 1/4c
VEG: Red Beans & Plain WG Brown Rice, 3/4c	VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt	VEG: Black Beans, 1/2c	VEG: Garbanzo Chickpeas, 1/2c	VEG: Vegan Black Bean Chili, 1/2c
Monday, December 23, 2024	Tuesday, December 24, 2024	Wednesday, December 25, 2024	Thursday, December 26, 2024	Friday, December 27, 2024
Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Fresh Baby Carrots, 1/4c Pineapple Tidbits, 3/8c	CBA CLOSED			Chicken Sausage Patty, 1ea (Breakfast) Plain WG Brown Rice, 1/3c Ketchup Sweet Yellow Corn, 1/4c Peaches in Juice, 3/8c
TODS & TWOS Sweet Tender Peas, 1/4c Peaches in Juice, 3/8c				TODS & TWOS Carrot Coins, 1/4c
VEG: Red Beans & Plain WG Brown Rice, 3/4c				VEG: Vegan Black Bean Chili, 1/2c
Monday, December 30, 2024	Tuesday, December 31, 2024	Wednesday, January 1, 2025	Thursday, January 2, 2025	Friday, January 3, 2025
Plain Chicken Strips, 1/2c Plain WG Brown Rice, 1/3c Ketchup Steamed Green Beans, 1/4c Fruit Cocktail, 3/8c	Turkey Bacon, 2sl Brown Sugar Cinnamon Oatmeal, 1/3c Sweet Yellow Corn, 1/4c Red Delicious Apple, 3/8c			
TODS & TWOS Pears in Juice, 3/8c	TODS & TWOS Steamed Green Beans, 1/4c Cinnamon Applesauce, 3/8c Plain WG Brown Rice, 1/3c (Fritos)			
VEG: Red Beans & Plain WG Brown Rice, 3/4c	VEG: Vegan Black Bean Chili, 1/2c & Fritos, 1pkt			

Portions meet CACFP requirements:
3-5 years - 6oz. Milk required w/each meal, Portions 1 1/2 oz meat/meat alternative, 1/4 c vegetable, 1/4 c fruit (we serve 1/4 c vegetable, 3/8 c fruit)
6-12 years - 8oz milk required w/each meal, Portions 2oz meat/meat alternative, 1/2 c vegetable and 1/4 c fruit (we serve 1/2c veg, 1/2 c fruit)

TOP 9 ALLERGENS:
(Milk, Wheat, Eggs, Soy, Crustacean Shellfish, Sesame, Peanuts, Fish, Tree Nuts) **GF**
= Gluten Free may contain egg & or milk
WG = Whole Grain
<https://ffschoolcarecenters.nutrislice.com/>

Fairfax Food Service exercises extreme caution in the preparation of allergen meals to reduce the risk of cross contamination; however, risk is not eliminated.

To see your Nutrislice Menu go to ffschoolcarecenters.nutrislice.com. Customers, Menus, scroll to find your schools name OR click link:

Due to quality and demand, items may be subject to change.