

# NOVEMBER 2024

## WEEK 1

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/4/2024	11/5/2024	11/6/2024	11/7/2024	11/8/2024

### AM SNACK: 8:30 A.M. to 9:00 A.M.

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	Banana	Sliced Strawberries	Blueberries	Applesauce	Strawberries
Grain	WG Pancake Bites	WG Cereal	Oatmeal	WG French Toast Stix	Hashbrown
Extra/Protein					Turkey Sausage

### LUNCH: 11:30 A.M. to 12:00 P.M.

	BBQ Sandwich	PIEROGIES	CHEESEBURGER	PIZZA	CHICKEN POT PIE
Fruit	Cantaloupe	Diced Peaches	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Cole Slaw	Broccoli Bites	Tater Tots	Green Beans	Mixed Veggies
Grain	WG Bun		WG Bun	WG Crust	WG Biscuit
Meat/Meat Alt	BBQ Shredded Chicken	Pierogies	Beef Patty	Pizza	Diced Chicken
Extra	Cole Slaw Dressing		Cheese Slice		Gravy

### PM SNACK: 2:30 P.M. to 3:00 P.M.

Fruit		Diced Pears			
Vegetable				Apple Slices	
Grain	Wheat Thins	WG Goldfish	Triscuits Cracker	Cheddar Cake Rice	Churro Crackers
Protein	String Cheese		Cheese Cubes		Vanilla Yogurt
Extra					

## WEEK 2

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/11/2024	11/12/2024	11/13/2024	11/14/2024	11/15/2024

### AM SNACK: 8:30 A.M. to 9:00 A.M.

Milk	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)		Peaches	Cantaloupe	Peaches	1/2 Banana
Grain		WG Cereal	French Toast	Oatmeal	WG Waffle
Extra/Protein					

### LUNCH: 11:30 A.M. to 12:00 P.M.

	HAPPY	TEX MEX	CHICKEN NUGGETS	PHILLY CHEESESTEAK	SOUP & SANDWICH
Fruit		Applesauce	Diced Pears	Mandarin Oranges	Fruit Mix
Vegetable		Corn	Sweet Potatoes Fries	Tater Tots	Tomato Soup
Grain		Spanish Rice		WG Roll	
Meat/Meat Alt		Fajita Chicken	Chicken Nuggets	Beef Steak	Grilled Cheese Sandwich
Extra			Ketchup	Cheese	

### PM SNACK: 2:30 P.M. to 3:00 P.M.

Fruit	VETERANS DAY!	Pineapple Tidbits	Honeydew	Apple Slices	
Vegetable					Maranaria Sauce
Grain		WG Crackers	Apple Cinn Graham Bears		
Protein				Greek Yogurt	Mozzarella Sticks

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.  
 2. The fruit component at lunch may be substituted by an additional vegetable.  
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## WEEK 3

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/18/2024	11/19/2024	11/20/2024	11/21/2024	11/22/2024

### AM SNACK: 8:30 A.M. to 9:00 A.M.

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)	1/2 Banana	Clementine	Mixed Berries	Sliced Strawberries	Applesauce
Grain	WG Cereal	Biscuit	WG Waffle	WG Cereal	WG Apple Cinnamon Loaf
Extra/Protein		Jelly			

### LUNCH: 11:30 A.M. to 12:00 P.M.

	Spaghetti	Turkey & Cheese Sandwich	CHICKEN FRIES	TURKEY HAM	FISH FILET
Fruit	Mandarin Oranges	Pineapple Tidbits	Cantaloupe	Fruit Mix	Fruit Mix
Vegetable	Sweet Peas	Tater Tots	Diced Carrots	Mashed Potatoes	Corn
Grain	Spaghetti	WG Hawiian Rolls			
Meat/Meat Alt	Beef Crumble	Cheese Slices	Chicken Fries	Diced Turkey Ham	Fish Filet Rectangle
Extra					

### PM SNACK: 2:30 P.M. to 3:00 P.M.

Fruit		Orange Slices	Apple Slices	Honeydew	1/2 Banana
Vegetable					
Grain	WG Townhouse Crackers	Champ Bite Crackers		All Sport Bites	Education Crackers
Protein	String Cheese		Voy Hazelnut Free Spread		
Extra					

## WEEK 4

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/25/2024	11/26/2024	11/27/2024	11/28/2024	11/29/2024

### AM SNACK: 8:30 A.M. to 9:00 A.M.

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED!	CLOSED!
Fruit (Optional)	Peaches		1/2 Banana		
Grain	WG Cereal	WG Mini Bagel	WG French Toast		
Extra/Protein		Cream Cheese			

### LUNCH: 11:30 A.M. to 12:00 P.M.

	CRUNCHERS	CHICKEN NUGGETS	MEATLOAF	HAPPY	HAPPY
Fruit	Applesauce	Apple Slices	Diced Peaches		
Vegetable	Cauliflour	Cornbread Popper	Mashed Potatoes		
Grain					
Meat/Meat Alt	Pizza Crunchers	Chicken Nuggets	Meatloaf		
Extra		Honey Mustard			

### PM SNACK: 2:30 P.M. to 3:00 P.M.

Fruit			Applesauce	THANKSGIVING!	THANKSGIVING!
Vegetable					
Grain	WG Alphabet Crackers	Vanilla Wafers	Chocolate Chip Oatmeal Bar		
Protein	Banana Cinn Chickpea Butter	Greek Yogurt			
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.  
 2. The fruit component at lunch may be substituted by an additional vegetable.  
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