\*Organic Mil is served with Lunch and P.M. Snack for Infants & Toddlers

\*\*Meals & Snacks are subject change







|           | MONDAY  | TUESDAY   | WEDNESDAY  | THURSDAY   | FRIDAY   |
|-----------|---|---|--|--|--|
| Breakfast | 28 Cereal and Milk  | 29<br>Cereal and Milk   | 30<br>Cereal and Milk  | 31 Cereal and Milk   | 1  |
| AM Snack  |   | French Toast Sticks and Peach's   | Graham Crackers and Cream Cheese   | Bagels and Cream Cheese  | French Toast Sticks and Peaches  |
| Lunch     | Tomato Soup, Cheese Sandwich on a<br>Bun, Broccoli, and Peaches                             | Vegetarian Chili with Cheese, and Sour<br>Cream, Corn Bread, Green Beans, and<br>Pineapple<br>Vegetarian: Meal Is | Turkey Ham, Vegetable Soup, Garlic<br>Bread, Peas and Carrots, and Pears<br>Vegetarian: Veggie Patty | Mac and Cheese, Turkey Sausage,<br>Mixed Vegetables, and Bananas                                   | Cheese Burger, Broccoli, and Bananas<br>Vegetarian: Veggie Patty with Cheese   |
| PM Snack  | Crackers and Cheese Slices  | Whole Grain Bean Crackers and Cream<br>Cheese   | Pita Chips and Hummus<br>Inf/Todd: Crackers and Cream Cheese   | Halloween Parties  | Yellow Peppers and Carrots with Ranch<br>Inf/Todd: Pears and Graham Crackers   |
| Breakfast | <b>4</b><br>Cereal and Milk   | 5<br>Cereal and Milk  | 6<br>Cereal and Milk   | <b>7</b><br>Cereal and Milk  | 8<br>Cereal and Milk   |
| AM Snack  | Cereal and Milk   | Cottage Cheese and Strawberries<br>Inf/Todd: Cottage Cheese and Peaches   | Warm Biscuits and Jam  | Bagels and Cream Cheese  | French Toast Sticks Banana   |
| Lunch     | Turkey, Stuffing, Green Bean, Bake<br>Apples<br>Inf/Todd: Peaches<br>Vegetarian: Soy Nugget | Bosco Sticks and Marinara, Peas, and<br>Oranges<br>Inf/Todd: Mixed Fruit  | French Toast Sticks, Turkey Sausage,<br>Green Beans, and Apples<br>Vegetarian: Veggie Patty          | Spaghetti with Meat Sauce, Broccoli,<br>and Peaches<br>Vegetarian: Soy Crumble Sauce               | Chicken and Dumpling, Broccoli, and<br>Bananas<br>Vegetarian: Vegetarian Chili   |
| PM Snack  | Chex Mix and String Cheese  | Wheat Thins and Cream Cheese<br>Inf/Todd: Butter Crackers and Cream<br>Cheese                                     | Saltine Crackers with Jelly and<br>Sunflower Butter  | Apples and Cheese Slice<br>Inf/Todd: Applesauce and Goldfish                                       | Pretzel Bits and Cheese Sauce  |
|           | 11  | 12  | 13   | 14   | 15   |
| Breakfast |   | Cereal and Milk   | Cereal and Milk  | Cereal and Milk  | Cereal and Milk  |
| AM Snack  |   | French Toast Sticks and Berries with<br>Milk<br>Inf/Todd: Pancakes and Peaches                                    | Apple Cinnamon Muffins and Milk<br>Peach Muffin and Milk   | Graham Crackers and Sunflower Butter<br>Inf/Todd: Cream Cheese                                     | Oatmeal with Peaches   |
| Lunch     | School Closed   | Baked Turkey Ham, Mashed Potatoes,<br>Baked Cinnamon Apples<br>Vegetarian: Veggie Patty                           | Waffles, Turkey Sausage, Peas, and<br>Mandarin Oranges<br>Vegetarian: Veggie Patty                   | Chicken Tenders with Sweet Tater<br>Tots, Broccoli, and Bananas<br>Vegetarian: Soy Chicken Tenders | Cream of Chicken Soup, Turkey and<br>Cheese Roll-Ups, Green Beans, and<br>Apples<br>Inf/Todd: Banana<br>Vegetarian: Cheese |
| PM Snack  |   | Sliced Turkey, Cheese and Crackers  | Tortilla Chips and Queso   | Cornbread and String Cheese  | Goldfish and Applesauce  |

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|-----------|---|--|--|---|---|
|           | MONDAY  | TUESDAY  | WEDNESDAY  | THURSDAY  | FRIDAY  |
|           | 18  | 19   | 20   | 21  | 22  |
| Breakfast | Cereal and Milk   | Cereal and Milk  |  |   |   |
| AM Snack  | Nutri-Grain Bars and Milk   | Toasted Cinnamon Bread and Cream<br>Cheese   | Bagels and Cream Cheese  | French Toast Sticks and Peaches   | Fig Newtons and Peaches   |
| Lunch     | Chicken Tacos, Cheese, Salsa, Sour<br>Cream, Refried, Peas, and Pears<br>Vegetarian: Veggie Crumble Tacos | Nana Bread Cheese Sausage Pizza,<br>Green Beans, Peaches<br>Vegetarian: Soy Crumble and Cheese<br>Pizza  | Hot Cheese and Ham Sandwich, Sweet<br>Potato Tots, and Pears<br>Vegetarian: How Cheese | Lasagna, Bread Stick, Green Beans, and<br>Pears<br>Vegetarian: Veggie Lasagna | Cheesy Broccoli and Chicken Rice Bake,<br>Carrots, and Pear<br>Vegetarian: Veggie Sausage |
| PM Snack  | Pita Bread and Hummus<br>Inf/Todd: Fig Newton and Sliced<br>Cheese  | Bread Sticks and Marina Sauce  | Cracker with Cheese Cube<br>Inf/Todd: Cracker with Sliced Cheese                       | Apples and Sunflower Butter Inf/Todd: Applesauce and Cheerios                 |   |
|           | 23  | 24   | 25   | 26  | 27  |
| Breakfast | Cereal and Milk   | Cereal and Milk  | Cereal and Milk  |   |   |
| AM Snack  | Cottage Cheese and Fresh Fruit  | Yogurt and Mixed Fruit   | Blueberry Muffins and Milk   |   |   |
| Lunch     | Pancakes and Turkey Sausage, Green<br>Beans, and Peaches<br>Vegetarian: Veggie Sausage                    | Turkey Ham, Mashed Potatoes, Green<br>Beans, and Pineapple   | Chicken Alfredo Pasta, Broccoli, and<br>Pears<br>Vegetarian: Soy Crumble Alfredo Pasta | Thanksgiving - Closed   | Closed - No School  |
| PM Snack  | Tortilla Chips and Cheese Sauce   | Pretzel Bites and Cream Cheese<br>Inf: Crackers and Applesauce   | Closed   |   |   |