

SPRING ED NOVEMBER 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/4/2024	11/5/2024	11/6/2024	11/7/2024	11/8/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)					
Grain	WG Pancake Bites	WG Toasted Oat Cereal	Oatmeal	WG French Toast Stix	WG Cereal
Extra/Protein					
LUNCH:					
	BRUNCH SAMMY	PIEROGIES	CHEESEBURGER	PIZZA	CHICKEN POT PIE
Fruit	Diced Pears	Diced Peaches	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Broccoli Bites	Tater Tots	Green Beans	Mixed Veggies
Grain	WG English Muffin		WG Bun	WG Crust	WG Biscuit
Meat/Meat Alt	Turkey Sausage	Pierogies	Beef Patty	Pizza	Diced Chicken
Extra	Cheese Slice		Cheese Slice		Gravy
PM SNACK:					
Fruit					
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish	Crackers		
Protein			Cheese Cubes		Vanilla Yogurt
Extra				Ranch	
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/11/2024	11/12/2024	11/13/2024	11/14/2024	11/15/2024
AM SNACK:					
Milk	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)					
Grain		WG Cereal	WG Oatmeal Cereal Bar	Oatmeal	WG Cereal
Extra/Protein					
LUNCH:					
	HAPPY	TEX MEX	ORANGE CHICKEN		SOUP & SANDWICH
Fruit		Applesauce	Diced Pears	Banana	Fruit Mix
Vegetable		Corn	Green Beans	Green Beans	Tomato Soup
Grain		Cheddar Grits	Brown Rice	Pasta	
Meat/Meat Alt		Diced Chicken	Diced Chicken	Veggie Crumbles	Grilled Cheese Sandwich
Extra		BBQ sauce	Orange Sauce	Maninera Sauce	
PM SNACK:					
Fruit	VETERANS DAY!				
Vegetable					
Grain		Graham Crackers	Apple Cinn Graham Bears		Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/18/2024	11/19/2024	11/20/2024	11/21/2024	11/22/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit (Optional)					
Grain	WG Cereal	Yougurt	WG Waffle	WG Cereal	WG Blueberry Loaf
Extra/Protein					
LUNCH:					
	MAC N CHEESE	FIESTA RICE BOWL	CHICKEN FRIES	TURKEY HAM	FISH FILET
Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Fruit Mix	Applesauce
Vegetable	Sweet Peas	Corn	Diced Carrots	Mashed Potatoes	Corn
Grain		Brown Rice			
Meat/Meat Alt	Mac n Cheese	Turkey Taco Entrée	Chicken Fries	Diced Turkey Ham	Fish Filet Rectangle
Extra		Cheese			
PM SNACK:					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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Fruit		Orange Slices	Apple Slices		
Vegetable					
Grain	WG Pizza Crackers			All Sport Bites	Cheez It Crackers
Protein					
Extra					

WEEK 4

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	11/25/2024	11/26/2024	11/27/2024	11/28/2024	11/29/2024

AM SNACK:

Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED!	CLOSED!!
Fruit (Optional)					
Grain	WG Cereal	WG Mini Bagel	WG Cereal		
Extra/Protein		Cream Cheese			

LUNCH:

	CRUNCHERS			HAPPY	
Fruit	Applesauce	Diced Pears	Diced Peaches		
Vegetable	Mixed Veggies	Sweet peas	Salad		
Grain					
Meat/Meat Alt	Pizza Crunchers	Chicken Patty	Sun butter & Jelly Sand		
Extra		Cheese			

PM SNACK:

Fruit				THANKSGIVING!	
Vegetable					
Grain	WG Alphabet Crackers		Animal Crackers		
Protein		Strawberry Yogurt			
Extra					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.