





	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack	2 French Toast Sticks with Cinnamon Apples and Milk	3 Biscuits w/ Grape Jelly and Milk	4 Cereal w/ Bananas and Milk	5 Turkey Sausage Biscuits with Milk	6 Cereal with Fresh Berries and Milk
Lunch	Beef Tacos on Tortilla, Lettuce, Shredded Cheese, Pears and Milk	Cheese Pizza, Salad w/ Ranch, Pineapple and Milk	Turkey and Cheese Sandwich, Green Beans, Apple Sauce and Milk	Baked Chicken Nuggets with Corn and apple slices w/ Milk	Baked Ziti, Salad w/ Italian Dressing, Pineapple and Milk
PM Snack	Strawberry Vanilla Yogurt with Graham Crackers and Water	Saltine Crackers w/ Cheese Cubes and Water	Nutrigrain Bars with Blueberries and Water	Sweet Potato Crackers, Pears and Water	Goldfish with Peaches and Water
AM Snack	9 Waffles w/ syrup, Blueberries, Milk	10 Cheese Toast, Peaches and Milk	11 Turkey Sausage with Biscuits and Milk	12 Chicken Minis and Milk	13 Cereal with Bananas and Milk
Lunch	Chicken Mashed Potato Bowls, with corn, chicken and cheese, Mandairan oranges, Milk	Macaroni and Cheese, Green Beans, Pears and Milk	Chicken Parmesan Bake, Salad with Italian Dressing, Sliced Apples, Milk	Chicken Alfredo, Peas, Blueberries and Milk	Cheese Pizza, Broccoli, Pears and Milk
PM Snack	Cheese Its, Mangos and Water	Sunbutter with Graham Crackers and Water	Berry Crackers with Applesauce and Water	Nut Free Trail Mix and Water	Nutrigrain Bars with Blueberries and Water
AM Snack	16 Biscuits with Jelly and Milk	17 French Toast Sticks with Blueberries and Milk	18 Cheese Toast, Mangos and Milk	19 Waffles with Mixed Berries and Milk	20 Cereal with Bananas and Milk
Lunch	Baked Ziti , Corn, Cinnamon Apples and Milk	Macaroni and Cheese, Green Beans, Pears and Milk	Turkey and Cheese Sandwich, Cheesy Broccoli, Peaches and Milk	Beef Tacos w/ Tortillas, Shredded Lettuce, Cheese, Mixed Fruit and Milk	Spaghetti with Meatsauce, Peas and Carrots, Apricots and Milk
PM Snack	Sunbutter w/ Apple Slices and Water	Whole Grain Crackers w/ Cheese Cubes and Water	Graham Crackers w/ Sunbutter and Water	Sweet Potato Crackers with Apple Slices and Water	Saltine Crackers with Mozzarella Cheese Sticks and Water
AM Snack	23 Scambled Eggs, Biscuits and Toast	24	25	26 Pancakes with Fresh Strawberries and Milk	27 French Toast Sticks, Mango and Milk
Lunch	Ravioli with Salad and Ranch, Blueberries and Milk			Cheeseburger Siders, Wedges, Melon and Milk	Beef Tacos, Shredded Lettuce, Tomatoes, and Cheese, Oranges and Milk
PM Snack	Nutrigrain Bars, Pineapple and Water			Sliced Apples w/ Sunbutter and Water	Saltines with Cheese Cubes and Water
AM Snack	30 Cinnamon Raisn Bagels with Cream Cheese and Milk	31 Cheese Toast with Blueberries and Milk			
Lunch	Chicken Nuggets, Corn, Peaches and Milk	EARLY DISMISSAL			
PM Snack	Sweet Potato Crackers, Peaches and Water	EARLY DISMISSAL			

	12	13	14	15
	19	20	21	22
	26	27	28	29
	27	28	29	30

18
25

Whole grain cereal w/ fresh blueberries,
milk

Baked Chicken Strips, Steamed Green
Beans with Sliced Pears

Salsa with Whole Wheat Pita Water

26

Cheese omelet w/ strawberries, milk

Macaroni & Cheese, Salad with Ranch
Dressing and fresh apple slices.

Cheddar cheese rice cakes w/ bananas
slices, water