

Chesterbrook Academy December

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/2/2024	12/3/2024	12/4/2024	12/5/2024	12/6/2024
AM SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)	Mixed Berries	Sliced Strawberries	Blueberries	Applesauce	Clementine
Grain	WG Pancake Bites	WG Toasted Oat Cereal	Oatmeal	WG French Toast Stix	WG Cinnamon Cereal
Extra/Protein					
LUNCH:					
	BRUNCH SAMMY	CHICKEN FRIES	CHEESEBURGER	PIZZA	CHICKEN POT PIE
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Diced Pears	Diced Peaches	Diced Pineapple	Fruit Mix	Mandarin Oranges
Vegetable	Diced Carrots	Broccoli Bites	Tater Tots	Green Beans	Mixed Veggies
Grain	WG English Muffin		WG Bun	WG Crust	WG Biscuit
Meat/Meat Alt	Turkey Sausage Patty	Chicken Fries	Beef Patty	Pizza	Diced Chicken
Extra	Cheese Slice		Cheese Slice		Gravy
PM SNACK:					
Fruit		Diced Pears	Apple Slices		
Vegetable				Baby Carrots	
Grain	Wheat Thins	WG Goldfish			Churro Crackers
Protein	String Cheese		Cheese Cubes		Vanilla Yogurt
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/9/2024	12/10/2024	12/11/2024	12/12/2024	12/13/2024
AM SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)	Mango			Frozen Blueberries	1/2 Banana
Grain	Vanilla Yogurt	WG Spooner Cereal	WG Oatmeal Cereal Bar	Oatmeal	WG Crispy Rice Cereal
Extra/Protein					
LUNCH:					
	VEGGIE BURGER	Taco Salad	ORANGE CHICKEN	PHILLY CHEESESTEAK	SOUP & SANDWICH
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit	Diced Peaches	Applesauce	Diced Pears	Mandarin Oranges	Fruit Mix
Vegetable	Green Beans	Salad	Green Beans	Tater Tots	Tomato Soup
Grain	WG Bun	WG Tortilla	Brown Rice	WG Roll	
Meat/Meat Alt	Veggie Burger	Turkey Taco Entrée	Diced Chicken	Beef Steak	Grilled Cheese Sandwich
Extra			Orange Sauce	Cheese	
PM SNACK:					
Fruit	Clementine				Applesauce
Vegetable		Cucumber Slices/Ranch			
Grain	Sunrise Bites	WG Crackers	Apple Cinn Graham Bears		Cinnam WG Graham Crackers
Protein				Vanilla Yogurt	
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/16/2024	12/17/2024	12/18/2024	12/19/2024	12/20/2024
AM SNACK:					
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%
Fruit (Optional)	1/2 Banana	Clementine	Mixed Berries	Sliced Strawberries	Applesauce
Grain	WG Cereal	WG Muffin	WG Waffle	WG Corn Flakes Cereal	WG Blueberry Loaf
Extra/Protein					
LUNCH:					
	MAC N CHEESE	FIESTA RICE BOWL	CHICKEN FRIES	TURKEY HAM	FISH FILET
Milk	Milk 1%	Milk 1%	Milk 1%	Milk 1%	Milk 1%

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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Fruit	Mandarin Oranges	Pineapple Tidbits	Diced Pears	Fruit Mix	Fruit Mix
Vegetable	Sweet Peas	Corn	Diced Carrots	Mashed Potatoes	Corn
Grain		Brown Rice			
Meat/Meat Alt	Mac n Cheese	Turkey Taco Entrée	Chicken Fries	Diced Turkey Ham	Pasta
Extra		Cheese			Marinara Sauce

PM SNACK:

Fruit		Orange Slices	Apple Slices	Clementine	1/2 Banana
Vegetable					
Grain	WG Pizza Crackers	Champ Bite Crackers		All Sport Bites	Education Crackers
Protein	String Cheese		Voy Hazelnut Free Spread		
Extra					

WEEK 4

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/23/2024	12/24/2024	12/25/2024	12/26/2024	12/27/2024

AM SNACK:

Milk	Milk 1%	CLOSED	CLOSED	Milk 1%	CHEF'S
Fruit (Optional)	Fruit of choice			1/2 Banana	
Grain	WG Cereal			WG Crispy Rice Cereal	
Extra/Protein					

LUNCH:

	CRUNCHERS	HAPPY	HAPPY	MEATLOAF	CHOICE
Milk 1%	Milk 1%			Milk 1%	
Fruit	Applesauce			Diced Peaches	
Vegetable	Mixed Veggies			Mashed Potatoes	
Grain					
Meat/Meat Alt	Pizza Crunchers			Meatloaf	
Extra					

Fruit		HOLIDAYS	HOLIDAYS!	Applesauce	DAY!
Vegetable					
Grain	WG Alphabet Crackers			Animal Crackers	
Protein	Banana Cinn Chickpea Butter				
Extra					

WEEK 5

MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	12/30/2024	12/31/2024			

AM SNACK:

Milk	Milk 1%	Milk 1%			
Fruit (Optional)	Mixed Berries	Sliced Strawberries			
Grain	WG Pancake Bites	WG Toasted Oat Cereal			
Extra/Protein					

LUNCH:

	BRUNCH SAMMY	PIEROGIES			
Fruit	Diced Pears	Diced Peaches			
Vegetable	Diced Carrots	Broccoli			
Grain	WG English Muffin				
Meat/Meat Alt	Egg Patty	Chicken Nuggets			
Extra	Cheese Slice				

PM SNACK:

Fruit		SCHOOL CLOSES @ 3PM			
Vegetable					
Grain	Wheat Thins				
Protein	String Cheese				
Extra					

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