



# October 2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30-Sep	1-Oct	2-Oct	3-Oct	4-Oct
<b>AM Snack</b>		Egg & Cheese English Muffin	Cinnamon Swirl Bread & Bananas	Corn Bread & Milk	Cream Cheese & Bagels
<b>Lunch</b>		Bbq Pork Rib Sandwiches, Mashed Potato, Sliced Apples, & Milk	Chicken Nuggets, Baked Beans, Diced Mango, & Milk	Cheeseburger Sliders, Steamed Broccoli, Applesauce, & Milk	National Taco Day, Steamed Green Beans, Pineapple Tidbits, & Milk
<b>PM Snack</b>		Goldfish & Raisins(I/T:Fruit)	Diced Ham & Cubed Cheese	Graham Crackers & Bananas	Cottage Cheese & Peaches
	7-Oct	8-Oct	9-Oct	10-Oct	11-Oct
<b>AM Snack</b>	Nutri Grain Bars & Milk	Fig Newton Bars & Bananas	French Toast Sticks & Turkey Sausage Patty	English Muffins & Cream Cheese	Cheese Omelette & Cup of Mixed Fruit
<b>Lunch</b>	Macaroni & Cheese, Steamed Peas, Applesauce, & Milk	Chicken Parmesan, Normandy Blend, Mandarin Oranges, & Milk	Sloppy Joe Sandwiches, Potato Smiley Face, Diced Peaches, & Milk	Veggie & Pork Egg Rolls w/Rice, Steamed Green Beans, Applesauce, & Milk	National Sausage Pizza, Normandy Blend, Sliced Apples, & Milk
<b>PM Snack</b>	Cheerios & Raisins(I/T:Fruit)	Strawberry Yogurt & Teddy Grahams	Carrots & Ranch	National Angel Food Cake Day w/Banana	Honeydew & Crackers
	14-Oct	15-Oct	16-Oct	17-Oct	18-Oct
<b>AM Snack</b>	Ceareal & Milk	Waffles & Bananas	Warm Biscuits & Jelly	Cheese Buns & Turkey Sausage	Sliced Cheese & Apple Slices
<b>Lunch</b>	Chicken Tenders, Baked Beans, Diced Peaches, & Milk	Ham & Cheese Roll Ups, Steamed Carrots, Pineapple Tidbits, & Milk	Grilled Cheese, Steamed Broccoli, Bananas, & Milk	National Pasta Day, Garlic Toast, Steamed Green Beans, Diced Pears, & Milk	Beef Ravioli w/Marinara, Steamed Carrot & Pea Mix, Mixed Fruit, & Milk
<b>PM Snack</b>	Apples & Rice Cakes(I/T:Cheerios)	Pretzel & Cheese Sauce	sweet Potato Crackers & Cream Cheese	Fresh Oranges & Teddy Grahams	National Chocolate Cupcake Day
	21-Oct	22-Oct	23-Oct	24-Oct	25-Oct
<b>AM Snack</b>	Fig Newtons & Milk	Cheesy English Muffins & Milk	Mandarine Oranges & Chex Cereal	Pancakes & Turkey Sausage	Blueberry Muffins(Inf:Cereal) & Milk
<b>Lunch</b>	Kale Pesto Pasta, Steamed Carrot & Pea Mix, Mixed Fruit,& Milk	Chicken Patty Sandwiches, Fresh Carrot Sticks, Diced Mango, & Milk	Bosco Sticks w/Marinara, Steamed Broccoli, Mandarin Oranges, & Milk	One Pan Teriyaki Chicken & Rice, Steamed Peas, Pineapple Tidbits, & Milk	Ham & Cheese Cracker Stacker, Potato Smiley Face, Applesauce, & Milk
<b>PM Snack</b>	Animal Crackers & Applesauce	BYO Banana Pudding	Pita Bread & Hummas	Yogurt & Mixed Berries(Fruit)	Cucumbers & Ranch
	28-Oct	29-Oct	30-Oct	31-Oct	1-Nov
<b>AM Snack</b>	Cereal & Milk	Pineapple Tidbits & Crackers	Teddy Grahams & Applesauce	Yogurt & Granola(I/T:Teddys)	
<b>Lunch</b>	Ham & Cheese Sandwiches, Steamed Carrots, Warm Cinnamon Apples, & Milk	Meatballs w/Marinara & Cheese, Normandy Blend, Applesauce, & Milk	Chicken Noodle w/Garlic Bread, Normandy Blend, Diced Pears, & Milk	Sunbutter & Jelly Sandwiches(I/T:Grilled Cheese), Steamed Carrots, Diced Pears, & Milk	
<b>PM Snack</b>	Kids Trail Mix	Watermelon Chunks & Cheerios	Diced Pears & Crackers	National Caramel Apple Day	