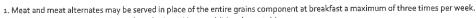
CHESTERBROOK MENU: OCTOBER 2024

		WEEK OF O	CTOBER 21st.		
				THURSDAY	FRIDAY
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY		10/25/2024
Dates:	10/21/2024	10/22/2024	10/23/2024	10/24/2024	10/25/2024
M SNACK:	L sad L sadil ()	AND I ARRIVANCE VER	M/hala Mille (aga a) or	Whole Milk (age 1) or	Whole Milk (age 1) or
Milk/Dairy	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+
Fruit/Vegetable	Peaches	Sliced Apples	Blueberries	WG Apple Cinnamon	Pears
Grain/Meat	WG Toast w/jelly	WG Waffles w/sf Syrup	WG Cereal	Mixed Fruit	Mixed Breakfast
Extra					
UNCH:	8				
Milk/Dairy	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+
Fruit	Mandarin Oranges	Mango	Mixed Fruit	Strawberries	Fresh Sliced Oranges
Vegetable	Corn	Fresh Zucchini	Tomato Soup	Sweet Potato Tots	Cauliflower
Grain	WG Rice and Bean Burrito	Burger on WG Bun	Grilled Cheese on WG Bread	WG Tortilla	WG Pizza Crunchers
Meat/Protein	Bean	Turkey/Veggie burger	Cheese	Diced Chicken/Cheese	Cheese
Extra	250.7	(Veg.Option available)		(Veg.Option available)	
M SNACK:	5				
				Chance	
Milk/Dairy	1.0	Yogurt	Fresh Apple Slices	Cheese	
Fruit	Apple Sauce		Fresh Apple Slices		
Vegetable	We collect	191C Connelle		WG Waffle Graham	Mixed Snack
Grain	WG Graham Crackers	WG Granola	Sun Butter	VVG VVaille Granatti	Wiked Stidek
Meat/Protein	Water	Water	Water	Water	Water
Extra	water	vva(c)	Hater	7	
		WEEK OF O	CTOBER 28th.		
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:		10/29/2024	10/30/2024	10/31/2023	11/1/2023
M SNACK:	10/20/2022	20/23/2024			
IIII SHAOK.	Whole Milk (age 1) or	Whole Milk (age 1) or			
Milk/Dairy	Low/Fat Free Milk (age 2+)	Low/Fat Free Milk (age 2+			
Fruit/Vegetable	Mixed Fruit	Blueberries	Mango	Banana	Pears
Grain/Meat	WG Cereal	Mixed Breakfast		WG Waffles w/sf syrup	Mixed Breakfast
Extra			Yogurt		
UNCH:					
Milk/Dairy	Whole Milk (age 1) or	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+
Fruit	Low/Fat Free Milk (age 2+) Mixed Fruit	Strawberries	Sliced Apples	Fresh Orange Slices	Mixed Fruit
Vegetable	Carrots	Fresh Tossed Lettuce	Peas	Cauliflower	Mixed Veggies
Grain	Cheese Quesadilla on WG Tortilla	Chicken Taco on WG Tortilla	WG Baked Ziti Pasta	WG Bun	Mixed Lunch
Meat/Protein	Cheese	Chicken/Beans	Cheese	Chicken patty/Cheese	
Extra	Citese	Cheese		(Veg.Option available)	(Veg.Option available)
		(Veg.Option available)			
M SNACK:					in the second
Milk/Dairy			Cheese		Cheese
Fruit	Apple Butter	Fresh Apple Slices		Mixed Fruit	y A-
	Apple Dutter	Treat Apple Sinces			
Advanced to the					
Vegetable			Physics and a construction	MC Caldish	Nut Fron Trail Miss
Grain	WG Rice Cakes	Cur Putter	Blueberry Lemon Crisps	WG Goldfish	Nut Free Trail Mix
	WG Rice Cakes Water	Sun Butter Water	Blueberry Lemon Crisps	WG Goldfish Water	Nut Free Trail Mix Water



^{2.} The fruit component at lunch may be substituted by an additional vegetable. Page 1 of $3\,$

