

## Chesterbrook Academy October/ Nov 2024 Menu

Green text = fresh or frozen produce, wheat, whole-grain, & multi-grain items.  
**VEGETARIAN OPTION WE OFFER MORNING STAR BRAND PRODUCTS**

Week Beginning on October 14, 2024					
A.M. Snack	CHEERIOS, MILK	CORN MUFFINS, MILK	CHEF	BAGELS W/CREAM CHEESE, MILK	CINNAMON GRAHAM CEREAL, MILK
Lunch	FISH POLLOCK BITES, MASHED POTATO, FRUIT, MILK	CHICKEN BARBEQUE SANDWICH, PEAS, FRUIT MIX, MILK	CHOICE	SPAGHETTI W/MARINARA, BROCCOLI, PEAS, MILK	CHICKEN FAJITA & BEANS RICE BOWL, FRUIT, MILK
P.M. Snack	BLUEBERRY LEMON BITES, APPLES, WATER	CHOCOLATE BEAR WAFFLE GRAHAM'S, WATER	Day!	MOZARELLA CHEESE STICK, WHEAT THINS, WATER	WG SPORTS BITES, WATER
Week Beginning on October 21, 2024					
A.M. Snack	WAFFLES, FRUIT, MILK	CEREAL BAR-APPLES, MILK	APPLE, MUFFINS, MILK	CORNFLAKES, BANANA, MILK	CHEF
Lunch	CHEESE PIZZA, MIXED VEGETABLES, MANDARINS, MILK	CHICKEN TACOS, SALAD, FRUIT COCKTAIL, MILK	MACARONI w/CHEESE, APPLES, GREEN BEANS, MILK	CHICKEN NUGGETS, PEAS, PINEAPPLE, MILK	CHOICE
P.M. Snack	WG EDUCATIONAL BITES, WATER	BLUEBERRY LEMON BITES, WATER	CHURRO CRACKERS, ORANGES, WATER	ANIMAL CRACKER BITES, SLICED APPLES, WATER	Day!
Week Beginning on October 28, 2024					
A.M. Snack	CHERRIOS, PEACHES, MILK	CHEF'S	WG FRENCH TOAST, PINEAPPLE, MILK	STRAWBERRY YOGURT, MILK	APPLE BUTTER W/TOAST, MILK
Lunch	GRILLED CHEESE, TOMATO SOUP, APPLES, MILK	CHOICE	EGG & CHEESE SANDWICH, BROCCOLI, PEAS, MILK	BREADED CHICKEN PATTY, PEAS, PEACHES, MILK	CHEESE QUESADILLA, MIXED FRUIT, MILK
P.M. Snack	GOLDFISH CRACKERS, WATER	Day!	STRAWBERRY WAFFLE GRAHAM'S, WATER	WG GRAHAM BITES, WATER	SUNFLOWER SEED TRAIL MIX, WATER
Week Beginning on November 4, 2024					
A.M. Snack	RICE KRISPY CEREAL, MILK	WG WAFFLE, MILK	BLUEBERRY BAR, MILK	BAGELS W/CREAM CHEESE, MILK	CHEF
Lunch	CHICKEN TERIYAKI, BROWN RICE, FRUIT, BROCCOLI, MILK	MOZZARELLA STICKS, MIXED VEGGIES, PEAS, MILK	TURKEY & CHEESE MELTS ON TORTILLA, SALAD W/BANCH, FRUIT COCKTAIL, MILK	PENNE PASTA W/ MARINARA, CORN, ORANGES, MILK	CHOICE
P.M. Snack	WG DINO BITES, SLICED APPLES, WATER	CINNAMON APPLESAUCE, GRAHAM CRACKERS, WATER	SLICED CUCUMBERS, RANCH, TOWN HOUSE CRACKERS, WATER	CHEESE STICK, GOLDFISH, WATER	Day!
Week Beginning on November 11, 2024					
A.M. Snack	APPLE BAR, MILK	CORNFLAKES, BANANAS, MILK	VANILLA YOGURT, MANDARINS, MILK	FRENCH TOAST, MILK	CHEF'S
Lunch	CHICKEN NUGGETS, MIXED VEGETABLES, PINEAPPLE, MILK	BLACK BEANS W/RICE, CARROTS, PEAS, MILK	GRILLED CHICKEN STRIPS, TATER TOTS, FRUIT, MILK	CHEESE PIZZA, MIXED SALAD, APPLES, MILK	CHOICE
P.M. Snack	SLICED ORANGES, VANILLA BITES, WATER	PRETZEL WHEELS, WATER	GOLDFISH BITES, WATER	SUNBUTTER, APPLES, WATER	Day!