

November 2023 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack					1 Pancakes w/syrup, Milk
Lunch					Toasted Cheese Sandwich, Tomato Soup, Mangos, Milk
PM Snack					Nutrigrain bars, Pears, Chilled Water
Vegetarian					Toasted Cheese Sandwich
	2	3	4	5	6
AM Snack	Kix Cereal, Strawberries, Milk	English Muffin w/ Jelly, Milk	French Toast Sticks w/ Syrup, Milk	Turkey Sausage Biscuit, Milk	Cheerios, Blueberries, Milk
Lunch	Macaroni & Cheese, Steamed Broccoli, Peaches, Milk	Spanish Rice w/ Chicken, Steamed Peas, Mango, Milk	Meatloaf, Mashed Potatoes, Cinnamon Apples, Milk	Cheese Ravioli w/ Marinara, Garlic Bread, Mixed Salad, Mixed Fruit, Milk	Chicken Nuggets, Potato Wedges, Pineapple, Milk, Biscuit
PM Snack	Fig Newtons, Applesauce, Chilled Water	Soft Pretzels w/ Ranch Dressing, Chilled Water	Sweet Potato Crackers, Cheese Slices Chilled Water	Nutrigrain Bar, Orange Slices, Chilled Water	Vanilla Wafers, Banana, Chilled Water
Vegetarian	Macaroni & Cheese	Spanish Rice	Veggie Patty	Cheese Ravioli w/ Marinara	Veggie Nuggets
	11	12	113	14	15
AM Snack		Bagels w/ Cream Cheese, Milk	Waffles w/ Syrup, Milk	Blueberry Muffin, Milk	Toast w/ Sun Butter, Banana, Milk
Lunch	Closed For Veteran's Day	Grilled Chicken Strips, Spinach, Pears, Dinner Roll, Milk	Sun Butter and Jelly Sandwich, Steamed Green Beans, Applesauce, Milk	Chicken Soft Tacos, Vegetarian Baked Beans, Peaches, Milk	Tri Colored Rotini in Alfredo Sauce, Steamed Broccoli, Mango, Milk
PM Snack		Goldfish Crackers, Applesauce, Chilled Water	Graham Crackers, Yogurt, Chilled Water	Ritz Crackers, String Cheese, Chilled Water	Fig Newton Bar, Orange Slices, Chilled Water
Vegetarian		Lentil and Rice Bowl	Sun Butter and Jelly Sandwich	Cheese Quesadilla	Tri Colored Rotini in Alfredo Sauce
	18	19	20	21	22
AM Snack	Yogurt, Blueberries, Milk	Biscuit w/Jelly, Milk	Turkey Sausage, Hashbrown Patty, Milk	Turkey Bacon, Toast, Milk	Chex Cereal, Banana, Milk
Lunch	Hamburger Patty on Whole Grain Bun, Steamed Corn, Mandarin Oranges, Milk	Cheese Pizza, Steamed Green Beans, Mixed Fruit, Milk	Chicken Patty, Mashed Potatoes, Warm Cinnamon Apples, Cornbread, Milk	Turkey & Cheese Roll up, Steamed Carrots, Peaches, Milk	Chicken & Rice Casserole, Steamed Broccoli, Mango, Milk
PM Snack	Graham Crackers, Sun Butter, Chilled Water	Veggie Crackers, Hummus, Chilled Water	Trail Mix (Cheerios, Chex, Goldfish Crackers, Banana Chips)	Goldfish Crackers, Applesauce, Chilled Water	Vanilla Pudding, Graham Crackers, Chilled Water
Vegetarian	Veggie Burger	Cheese Pizza	Veggie Patty		Cheesy Broccoli and Rice
	25	26	27	28	29
AM Snack	Cheerios, Banana, Milk	Blueberry Muffin, Milk	Pancake w/Syrup, Milk		
Lunch	Macaroni & Cheese, Steamed Peas, Pears, Milk	Cheese Ravioli In Marinara Sauce, Mixed Salad, Cantaloupe, Milk	Fish Sticks, Steamed Carrots, Pineapple, Milk, Biscuit		
PM Snack	Caramel Rice Cakes, Applesauce, Chilled Water	Animal Crackers, Strawberries, Chilled Water	Closed at 3:00		
Vegetarian	Macaroni & Cheese	Cheese Ravioli In Marinara Sauce	Veggie Nuggets		