



November Menu

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
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AM Snack					Yogurt Parfait w/ Strawberries, Granola, Milk
Lunch					Pizza, Salad w/ranch, Pineapple, Milk
PM Snack					Apple Sauce, Graham Crackers
	4	5	6	7	8
AM Snack	Grits, Butter Toast, Milk	French Toast w/syrup, Blueberries, Milk	Turkey Sausage Biscuit, Milk	Cereal, Oranges, Milk	BB Bagel w/Cream Cheese, Milk
Lunch	Turkey Sliders, Sweet Potato Tots, Pineapple, Milk	BBQ Chicken, BBQ Beans, Roll, Peaches, Milk	Grilled Cheese, Tomato Soup, Mango, Milk	Popcorn Chicken, Potato Wedges, Roll, Watermelon, Milk	Baked Ziti, Peas, Garlic Bread, Honeydew, Milk
PM Snack	Goldfish, Cheese stick, Water	Fignewton, Cheeseitz, Water	Cucumbers, Ranch, Water	Apple Slices, Graham Crackers, Water	Vanilla wafers, Pudding, Water
	11	12	13	14	15
AM Snack	Turkey Bacon, Eggs, Milk	Waffles w/syrup, Blueberries, Milk	Cinnamon&Sugar Toast, Turkey Sausage, Milk	Cheese Grits, Milk	Yogurt Parfait w/Mango, Granola, Milk
Lunch	Broccoli, Cheese & Potato Soup, Roll, Pears, Milk	Turkey tacos w/sour cream, Roasted Corn & black beans, Pineapple, Milk	Beef & Veggie Soup, Roll, Cinnamon Apples, Milk	Chicken Nuggets, Tater Tots, Roll, Watermelon, Milk	Chicken Alfredo w/Broccoli, Garlic Bread, Strawberries, Milk
PM Snack	Fruit Bar, Animal Crackers, Water	Rice Cake, Apple Slices, Water	Graham Crackers, Sunbutter, Water	Carrot Sticks, Ranch, Water	Apple Sauce, Goldfish, Water
	18	19	20	21	22
AM Snack	Cereal, Oranges, Milk	Turkey Sausage Biscuit, Milk	Pancakes w/syrup, Blueberries, Milk	Eggs, Butter Toast, Milk	Yogurt Parfait w/Blueberries, Granola, Milk
Lunch	Chicken & Rice, Corn, Roll, Cinnamon Apples, Milk	Cheese Burger Potato Soup, Roll, Pears, Milk	Grilled Cheese, Tomato Soup, Roll, Mango, Milk	Popcorn Chicken, Sweet Potato Tots, Roll, Pineapple, Milk	Baked Ziti, Garlic Bread, Cinnamon Apples, Milk
PM Snack	Apple Sauce, Graham Crackers, Water	Fruit Bar, Animal Crackers, Water	Rice Cakes, Sunbutter, Water	Ritz crackers w/cheese, Water	Watermelon Slices, Gold Fish
	25	26	27	28	29
AM Snack	Cheese Toast, Milk	French Toast w/syrup, Blueberries, Milk	Cinnamon & Sugar Toast, Turkey Bacon, Milk	Cereal, Oranges, Milk	Yogurt Parfait w/strawberries, Granola, Milk
Lunch	Cheese Burger Mac&Cheese, Green Beans, Roll, Watermelon, Milk	Broccoli & Cheese Soup, Roll, Peaches, Milk	Chicken & Dumplings, Green Beans, Roll, Orange Slices, Milk	Chicken Nuggets, Corn, Roll, Cantalope, Milk	Pizza, Salad w/ranch, Watermelon, Milk
PM Snack	Gold Fish, Apple Slices	Carrot Sticks, Ranch, Water	Graham Crackers, Sunbutter, Water	Vanilla Wafers, Pudding, Water	Cookie Friday! Water

