



Septemeber 2024 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Breakfast	2 Homemade Blueberry muffins, turkey sausage, milk	3 Homemade Blueberry muffins, turkey sausage, milk	4 Hot cakes, bananas, milk	5 Cinnamon bagels w/ cream cheese, milk	6 Whole grain cereal, mixed fruit, milk
Lunch		Cheesey pasta w/beef, sweet peas and carrots, peaches, milk	Beef stew, steamed rice, lima beans, cooked apples, milk	Pizza, tossed salad, mandarin oranges, milk	Vegetable lasagna, garlic bread, pears, milk
PM Snack		goldfish crackers, apple juice	peach cobbler, milk	trail mix, juice	yogurt and bananas, water
Breakfast	9 Whole grain cereal, fresh cantaloupe, milk	10 French toast w/ SF syrup, egg omelets, milk	11 Blueberry bagels w/ cream cheese, milk	12 Turkey sausage, english muffins w/ jelly, milk	13 Egg and cheese biscuits, milk
Lunch	Meatloaf, mashed potatoes, green beans and carrots mix, pears, milk	Tator tot casserole w/ beef, mixed vegetables, tropical fruit, milk	Cheese quesadillas, black bean mix, bananas, milk	Bbq chicken, steamed rice, mixed vegetables, peaches, milk	Garden Alfredo, fresh broccoli, fresh cantaloupe, milk
PM Snack	mini croissants, fruit cocktail, water	Berry crackers, juice	vanilla wafers, mandarin oranges, water	apple cobbler, milk	garlic bread, marinara , water
Breakfast	16 Cheese grits, Turkey sausage, milk	17 Hot cakes w/ SF syrup, scrambled eggs, milk	18 Cinnamon toast, tropical fruit, milk	19 Oatmeal w/ peaches, milk	20 Whole grain cereal, bananas, milk
Lunch	Chicken wrap, corn nuggets, sliced apples, milk	Teriyaki chicken, fried rice, spring eggrolls, mandarin oranges, milk	Spaghetti w/ beef, green beans, roll strawberries, milk	Turkey sub, tator tots, mixed vegetables, fruit cocktail, milk	Hamburger steak, garlic mashed potatoes, corn and sweet peas, pears, milk
PM Snack	graham crackers, yogurt, water	animal crackers, juice	pizza squares, pears, water	vegetable crackers, hummus, juice	vanilla pudding, wafers, water
Breakfast	23 Whole grain cereal, bananas, milk	24 Blueberry muffins, turkey sausage, milk	25 Tator Tot casserole, milk	26 Plain bagels, jelly, turkey sausage, milk	27 Blueberry waffles, scrambled eggs, milk
Lunch	Chicken and rice, baked beans, applesauce, milk	Fish sticks, french fries, sweet peas, honey dew melon, milk	Chicken quesadillas, mexican corn, bananas, milk	Chicken nuggets, mac and cheese nuggets, diced carrots ,pineapples, milk	Beefaroni, mixed vegetables, peaches, milk
PM Snack	sweet potato crackers, juice	yogurt parfaits w/ mangos, water	cinnamon pretzels, juice	warm fruit bars, applesauce, water	Pita triangles, hummus, juice
Breakfast	30 Chicken biscuits, jelly, milk			** Please Note** Menu subject to change daily due to product availability.	
Lunch	Cheesey broccoli chicken casserole, cinnamon carrots, fruit cocktail, milk				
	ritz crackers, string cheese, water				

**** Please Note: Allergy & vegetarian substitutes will be provided.**

