



October 2024



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		Muffins and Milk *	Oatmeal Bar and Milk *	Waffles and Milk *	
Lunch		French toast, hash browns, Applesauce and Milk	Chef's salad, Peaches and Milk	Macaroni & cheese, Carrots, Pineapples and Milk	Chef's choice
PM Snack		Churo crackers	All Sport bites	Graham Crackers	
AM Snack	Cereal and Milk	Biscuits and Milk	Oatmeal Bar and Milk	Yogurt and Milk	Cereal and Milk *
Lunch	Chicken drummies, Green beans, Peaches and Milk	Lil' Luau sliders, Carrots, Oranges and Milk	Meaty pasta, Peas, Pears and Milk	Chicken Parm, Corn, Pineapples and Milk	Pizza, Mixed veggies, Mixed fruit and Milk
PM Snack	Alphabet Crackers	Lemon Crisps	Cheese and Crackers	Oatmeal Cookies	All Sport Bites
AM Snack	Cereal and Milk	Muffin and Milk	Strawberry grams and Milk *	Raisins and Milk *	
Lunch	Crunchy chicken wrap, Sweet potato bites, Applesauce and Milk	Hamburgers, Broccoli, Pineapples and Milk	Pasta & zucchini, Pears and Milk	Cheese quesadilla, Corn, Oranges and Milk	Chef's choice
PM Snack	Carrots and Ranch	Maple Bites	Goldfish	Graham Crackers	
AM Snack	Cereal and Milk *	Waffles and Milk	Oatmeal Bar and Milk	Yogurt and Milk	Cereal and Milk
Lunch	Grilled cheese, Salad, Applesauce and Milk	Grilled nuggets, Green beans, Peaches and Milk	Ham & cheese roll ups, Carrots, Pears and Milk	Chicken and veggie egg rolls, Corn, Oranges and Milk	Fish sticks, Mixed Veggies, Mixed fruit and Milk
PM Snack	Lemon cookies	Goldfish	Alphabet crackers	Cheese and Crackers	Oatmeal Cookies
AM Snack	Cereal and Milk *	Muffin and Milk *	Banana and Milk *	Biscuits and Milk	
Lunch	Mozzarella sticks, Green beans, Peaches and Milk	Buttered noodles, Peas, Applesauce and Milk	SB&J sandwiches, Corn, Pears and Milk	Sloppy Joe, Carrots, Pineapples and Milk	
PM Snack	Churo Crackers	Maple Bites	Educational Crackers	Graham Crackers	

* Vegetarian meal

Substitutes are veggie burgers/nuggets or broccoli bites