



October 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
AM Snack		1 Maple Bites	2 Cereal and Milk	3 Yogurt And Fruit	4 Chef's Choice
Lunch		Mac and Cheese , Fruit, Veggie	Lasanga Roll Ups, Fruit, Veggie	Waffles, Fruit, Veggie	
PM Snack		Chocolate Chip Cookies	Cucumbers and Dip	Pudding and Waffers	
AM Snack	7 Churro Crackers	8 English Muffins and Jelly	9 Bagels and Cream Cheese	10 Banana and cookies	11 Chef's Choice
Lunch	Pizza Crunchers, Fruit, Veggie	Chicken Nuggets, Fruit, Veggie	Beef Stew with Veggies, Fruit	Sunbutter and Jelly , Fruit, Veggie	Egg and Sausage Sandwich, Fruit
PM Snack	Bugs bites	Wheat thins	Cheese Stick	Cheez-its	Chef's Choice
AM Snack	14 Cereal and Milk	15 Oatmeal Bar	16 Strawberry Grahams	17 Yogurt Parfiet	18 Chef's Choice
Lunch	Pizza, Fruit, Veggie	Pasta with Alfredo Sauce, Fruit, Veggie	Grilled Cheese, Fruit, Veggie	Open Face Turkey Sandwich , Fruit, Veggie	Meatloaf and Mashed Potatoes, Fruit
PM Snack	Wheat Thins	Churro Crackers	Hummus and crackers	Goldfish	Chef's Choice
AM Snack	21 Apple Slices and Sunbutter	22 Cereal and Milk	23 Graham Crackers	24 Berry Loaf	25 Chef's Choice
Lunch	Pancakes, Fruit, Veggie	Pizza Stix, Fruit, Veggie	Mac and Cheese, Fruit, Veggie	Chicken Parm, Fruit and Veggie	
PM Snack	Cheese and Crackers	Goldfish	Cucumbers and Dip	Soft pretzels	
AM Snack	28 Oatmeal Bar	29 Bagel with Cream Cheese	30 Muffin	31 Waffle	
Lunch	Grilled Cheese, Fruit, Veggie	Pizza Crunchers, Fruit, Veggie	Meatloaf and Mashed Potatoes, Fruit	Chicken Nuggets, Fruit and Veggie	
PM Snack	Pudding	Cookies	Banana	Graham Crackers	