

October 2024

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	30	1	2	3	4
AM Snack	Fruit Cup	Cereal & Milk	Oatmeal Bar	Muffins	
Lunch	Chicken parm, veggie, fruit	Chicken nuggets, sweet potato puffs, fruit	Pasta with meat sauce, veggie, fruit	Pizza, veggie, fruit	Chef's Choice
PM Snack	Veggie Straws	Animal crackers	Nilla Wafers	Cheezits	
	7	8	9	10	11
AM Snack	Yogurt & Granola	Fruit Cup	Strawberry waffle graham	Oatmeal Bar	
Lunch	French toast sticks, veggie, fruit	Fish sticks, tater tots, veggie, fruit	Sunbutter & Jelly, veggie, fruit	Pancakes, Turkey Sausage, veggie, fruit	Chef's Choice
PM Snack	Veggie Straws	Graham Crackers	Cheese & Crackers	Bug Bites	
	14	15	16	17	18
AM Snack	Oatmeal bar	Muffins	Bagel with Cream Cheese	Cereal & Milk	
Lunch	Waffles, veggie, fruit	Mac & Cheese, veggie, fruit	Chicken nuggets, veggie, fruit	Pasta with meat sauce, veggie, fruit	Chef's Choice
PM Snack	Goldfish	Animal crackers	Bug Bites	Nilla Wafers	
	21	22	23	24	25
AM Snack	Fruit Cup	Strawberry waffle graham	Oatmeal Bar	Biscuits & Apple Butter	
Lunch	Pizza, veggie, fruit	Chicken patty sandwich, veggie, fruit	Sunbutter & Jelly, veggie, fruit	French toast sticks, veggie, fruit	Chef's Choice
PM Snack	Graham Crackers	Goldfish	Veggie Straws	Cheese & Crackers	
	28	29	30	31	1
AM Snack	Muffins	Oatmeal Bar	Bagel with Cream Cheese	Cereal & Milk	
Lunch	Fish sticks, tater tots, fruit	Chicken nuggets, sweet potato puffs, fruit	Mac & Cheese, veggie, fruit	Pizza, veggie, fruit	Chef's Choice
PM Snack	Cheezits	Oatmeal cookie	Animal crackers	Veggie Straws	