

Chesterbrook Academy Fairmount

Menu

October 2024

Monday

Tuesday

Wednesday

Thursday

Friday

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AM Stuffed Bagel with milk
Lunch: Cheese Lasagna Roll with veggies and fruit
PM snack: Strawberry Graham's

AM Snack: Banana and Whole Grain Mini Muffins
Lunch: Chicken and Veggie Stir-Fry with rice
PM Snack: Veggie straws

AM Snack: Apples with Cheese
Lunch: Turkey and Cheese Roll-Ups
PM snack: Yogurt with berries

AM Snack: Fruit and Toast
Lunch: Pizza veggies and fruit
PM Snack: Apple sauce

AM Snack: Chef choice
Lunch: Chef choice
PM Snack: Fruit Cup

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AM Snack: French toast with milk
Lunch: Sloppy Joe sandwich veggies and fruit
PM Snack: Veggies straws

AM Snack: Cereal bar & milk
Lunch: Taco Tuesday salad & fruit
PM Snack: crackers and cheese

AM Snack: Cereal
Lunch: Pizza Veggies/Fruit
PM Snack: Apple sauce

AM Snack: Stuffed bagel & Milk
Lunch: Spaghetti with Salad and Fruit
PM Snack: Chef Choice

AM Snack: Chef Choice
Lunch: chef Choice
PM Snack: Chef Choice

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AM Snack: Cereal
Lunch: Turkey and Vegetable Stir-Fry over Brown Rice, veggies and fruit
PM Snack: Yogurt

AM Snack: Muffins and Fruit
Lunch: Taco Tuesday Salad & Fruit
PM Snack: Yogurt

AM Snack: Cereal
Lunch: Chicken Egg roll w/rice & Fruit
PM Snack: Apple Sauce

AM Snack: Cereal bar
Lunch: Chicken Patty with with salad & Fruit
PM Snack: Veggie straws

AM Snack: Chef choice
Lunch: Chef choice
PM Snack: Chef choice

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AM Snack: Pancakes
Lunch: Chicken and Veggie Stir-Fry with rice
PM Snack: Apple sauce

AM Snack: Cereal & toast
Lunch: Taco Tuesday salad & Fruit
PM Snack: Pretzels

AM Snack: Yogurt w/Berries
Lunch: Pizza with Veggies/Fruit
PM Snack: Chef Choice

AM Snack: Cereal bar w/milk
Lunch: Grilled Cheese Veggies/Fruit
PM Snack: Gold Fish

AM Snack: Muffins/Milk
Lunch: Fish sticks with Rice and Veggies/Fruit
PM Snack: Chef Choice

Milk and Water is served with all meals. The menu is subject to change.