

Chesterbrook Academy

2024-2025

Please CIRCLE the menu options you would like to order.

September 2024

Name:	Room:								
Sunday	Monday	Tuesday		Wednesday		Thursday		Friday	Saturday
1	2 CLOSED	3 Cheesy Spinach "HULK" Pasta and Shredded Cheese on top plus Baked Sliced Chicken and a Dinner Roll	4	Breakfast at Lunch Grands Breakfast Muffins with Turkey Breast and Spinach Crispy Roasted Breakfast Potatoes Organic Steamed Broccoli	5	Syrian Feast Rice with pasta, Organic Lentils Homade Oven Baked Kibbeh Bites Fresh Salad with Organic Tomatoes, Cucumber & Mint		PIZZA	7
		Unsweetened Applesauce		Fresh Organic Fruits		Fresh Organic Fruits			
8	9 <u>Chicken Alfredo Pasta</u> with Organic Broccolis and Shredded Cheese on top	Homemade Meatballs Enriched Jasmine White Rice Organic Beans and Vegetable Mix	11	Premium Potato Buns, Homemade Meat-Broccoli patties & Cheese, Potato Tots with Cauliflower	12	Homemade Chicken Nuggets Enriched Jasmine White Rice Creamy Sweet Corn and Organic Brócolis		PIZZA	14
	Unsweetened Applesauce	Fresh Organic Fruits		Fresh Organic Fruits		Fresh Organic Fruits			
15	with Enriched Bolognese Pasta with Enriched Bolognese Beef Sauce plus Carrots Shredded Parmesan Cheese on top	Meatloaf with Carrots Enriched Jasmine White Rice Baked Beets and Sweet Potato	18	Baked Cheesy Chicken Taquito Organic Sweet Corn Salad and Crunch tortilla chips	19	Asiatic Inspired Fried Rice with Veggie Mix, Organic Baby Corn and Scrambled eggs plus Salmon Chunks		PIZZA	21
	Unsweetened Applesauce	Unsweetened Applesauce		Fresh Organic Fruits		Fresh Organic Fruits			
22	with Fresh Tomato and Basil Sauce and Soft Roll Shredded Parmesan Cheese on top	24 Chicken Quesadilla Soft flour tortillas, Shredded Chicken and Shredded Cheese Cauli-Potato Hash Browns on the side	25	Breaded Fish Fresh Mash Potato (Real Potatoes) and Vegetable Mix		Lean ground Beef riched Jasmine White Rice with Carrots d Yellow Potato and Sweet Potato Mix		7 PIZZA	28
	Unsweetened Applesauce	Fresh Organic Fruits		Fresh Organic Fruits		Fresh Organic Fruits			
29	(with Butternut Squash on the Sauce) and Chicken Tenders Fresh Organic Fruits								
		7.80 x = 6 x =							