

# Chesterbrook Academy Aldie August 5th – August 9<sup>th</sup> , 2024

### MONDAY

#### AM SNACK: WG Cereal , Milk

**LUNCH:** Turkey Sandwich, **(VO- Cheese Wrap) Mixed Veggies**, Mixed Fruits, Milk

PM SNACK: Strawberry Bar

## TUESDAY

AM SNACK: WG Muffin/WG Biscuit, Jelly, Milk

**LUNCH:** Chicken Nuggets, **(VO- Veggie Nuggets)** Sweet Potato Puff, Mandarin Oranges, Milk

**PM SNACK:** Sports Bites

#### WEDNESDAY

AM SNACK: Honey Graham Cereal, Milk

**LUNCH:** WG Pasta, Alfredo Sauce, Apples/Applesauce, String Beans, Milk

PM SNACK Cheez-itz

# THURSDAY

AM SNACK: WG French Toast, Milk

LUNCH: WG Bun, Burger Patty, (VO-Veggie Patty), Pears, Potato Milk

PM SNACK: Apple Loaf

# FRIDAY

AM SNACK: Cream Cheese, Bagels, Milk

LUNCH: Fish Sticks, (VO- Veggie Nuggets), Bananas, Corn, Milk

PM SNACK: Crackers, String Cheese

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.