

Chesterbrook Academy Aldie

July 15th – 19th, 2024

MONDAY

AM SNACK: Corn Flakes, Milk

LUNCH: WG Pasta, Alfredo Sauce, Carrots, Mandarin Oranges, Milk

PM SNACK: Fruit Bar Blueberry

TUESDAY

AM SNACK: WG Waffles, Syrup, Milk

LUNCH: Chicken Drummies, (VO- Grilled Cheese) Mixed Vegetables, Pineapple, Milk

PM SNACK: Nilla Wafers, Fruit Cup

WEDNESDAY

AM SNACK: Rice Crispy Cereal, Milk

LUNCH: Turkey, WG Tortilla, Cheese, (VO- Black Beans) Green Beans, Pears, Milk

PM SNACK Applesauce, Graham Crackers

THURSDAY

AM SNACK: Pancakes, Milk

LUNCH: Eggrolls, (VO-Veggie Nuggets) Broccoli, Fruit cocktail, Milk

PM SNACK: Sunbutter, Crackers

FRIDAY

AM SNACK: Cereal, Milk

<u>LUNCH</u>: Hamburger, WG Roll, **(VO – Veggie Burger**), Tater Tots, **Bananas**, Milk

PM SNACK: Manager's Choice

Milk will be provided for AM Snack and Lunch. All beverages will be served in disposable drinking cups.

Red text = vegetarian option.

Green text = fresh/frozen produce, wheat, whole-grain, & multigrain items.