

## July Menu



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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	. 5
AM Snack	Cereal and milk	French toast, bacon,fruit	English muffin, sausage and eggs	Happy 4th	Cereal and milk
Lunch	Meatballs, mashed potates and peas and carots	Sloppy loes fot and neaches	Pasta Salad (cucumbers,tomatoes) crackers and mixed fruit	No School!!	Turkey Sandwiches. Chips and peaches
PM Snack	Watermelon	Rice Cakes and apple sauce/slices	Chips nilla wafers		Special snack
	8	9	10	11	
AM Snack	Cereal and milk	Biscuits/Turkey sausage,Pineapples, Milk	English Muffins, eggs and bacon with oranges	Hashbrowns and mixed fruit	Cereal and milk
Lunch	Butter Noodles, Broccoli and mixed fruit	Chicken tacos, black beans and mangoes	Sunbutter and Jelly Sandwiches and Chips, apples	Chicken nuggets, corn and peaches	French Toast, bacon and strawberries
PM Snack	Goldfish pretzels and apples	Nilla wafers and pears	graham crackers, cool whip	animal crackers and apple	Special snack
	15	16	17	18	19
AM Snack	Cereal and milk	Hshbrowns and peaches	Turkey Bacon,Biscuits,Mandarin Oranges, Milk	Hashbrowns and pears	Cereal and milk
Lunch	Chicken Alfredo broccoli garlic bread, pears	Pancakes, sausage, eggs and peaches	Turkey Sandwhices and Chips and apple slices	Chicken Nuggets, sweet potatoes, mixed fruit	Turkey Sandwiches, chips and mixed fruit
PM Snack	Goldfish, peaches	rice cakes	Yogurt,Graham Crackers, Water	cheese its and juice	special snack
	22	23	24	25	26
AM Snack	Cereal and milk	Muffins and pears	Grits,Turkey bacon Pears, Milk	Hashbrowns and peaches	Cereal and milk
Lunch	Spaghetti with beef and garlic bread with pineapple	Mac and Cheese, Green beans, Pears, Milk	Sunbutter sandwiches, chips and peaches	Waffles Chicken Nuggets, and pears	Pasta Salad, crackers and pineapple
PM Snack	Yogurt, Graham crackers, Water	Animal Crackers, Apple slices, Water	Rice cakes, Pears, Water	Fig newton Apple juice	special snack
	29	30	31	1	. 2
AM Snack	Cereal and milk	Hashbrowns with fruit	Waffles, Peaches, Milk	Muffins, pears	Cereal and milk
Lunch	Grits, Sausage biscuits and peaches	Meatballs, rice and peas with pears	Turkey Sandwiches with chips and nineapple	Cheese pizza, Corn, Strawberries,	Turkey Sandwiches, chips and neaches
PM Snack	Cheese/Crackers, Juice	Cheese its, Apple slices, Water	Fig newton,Pears Water	graham crackers,cool whip	special snack