

SPRING ED JULY 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/1/2024	7/2/2024	7/3/2024	7/4/2024	7/5/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CLOSED	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain	WG French Toast Sticks	WG Cereal	English Muffin		WG Apple Cinnamon Loaf
Extra/Protein			Sunbutter		
LUNCH:					
	Grilled Cheese		Cheeseburger		Pizza
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	HAPPY 4th	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Fruit Cocktail	Applesauce	Diced Peaches		Diced Pears
Vegetable	Broccoli	Corn	Tater Tots		Stringbeans
Grain			WG Hamburger Roll		WG Pizza
Meat/Meat Alt	Grilled Cheese	Chicken Nuggets	Cheeseburger		
Extra					
PM SNACK:					
		"Lunchable" Stackable			Apple Dips
Milk/Water				OF JULY!	
Fruit					Apple Slices
Vegetable					
Grain	WG Straw Waffle Graham	Saltines	Cheezit Crackers		
Meat/Meat Alternate		Amer Cheese Slice			Sunbutter
Extra					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/8/2024	7/9/2024	7/10/2024	7/11/2024	7/12/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable				Jelly	
Grain	WG Toasted Oats Cereal	WG Pancake	WG Cereal	English Muffin	Vanilla Yogurt
Extra/Protein					
LUNCH:					
	SB & J	Tostada Tuesday	Cheesy Mac	Stir Fry	Pasta W/Meat Sauce
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Applesauce	Diced Pears	Diced Peaches	Pineapple Tidbits	Applesauce
Vegetable	Tater Tots	Corn	Sweet Peas	Broccoli	Salad
Grain	WG Bread	WG Tostada	WG Elbow Macaroni	Rice	WG Pasta
Meat/Meat Alt	Sunbutter	Turkey Taco Entrée		Diced Chicken	Veggie Crumble
Extra	Jelly	Shredded Cheese	Cheese Sauce	Teriyaki or Sweet N Sour sauce	Marinara Sauce
PM SNACK:					
Milk/Water					
Fruit		Strawberries			
Vegetable					
Grain	Goldfish Crackers	Yogurt	Shortbread Bites	Graham Crackers	Soft Pretzel Rod
Meat/Meat Alternate					
Extra				Cream Cheese	
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/15/2024	7/16/2024	7/17/2024	7/18/2024	7/19/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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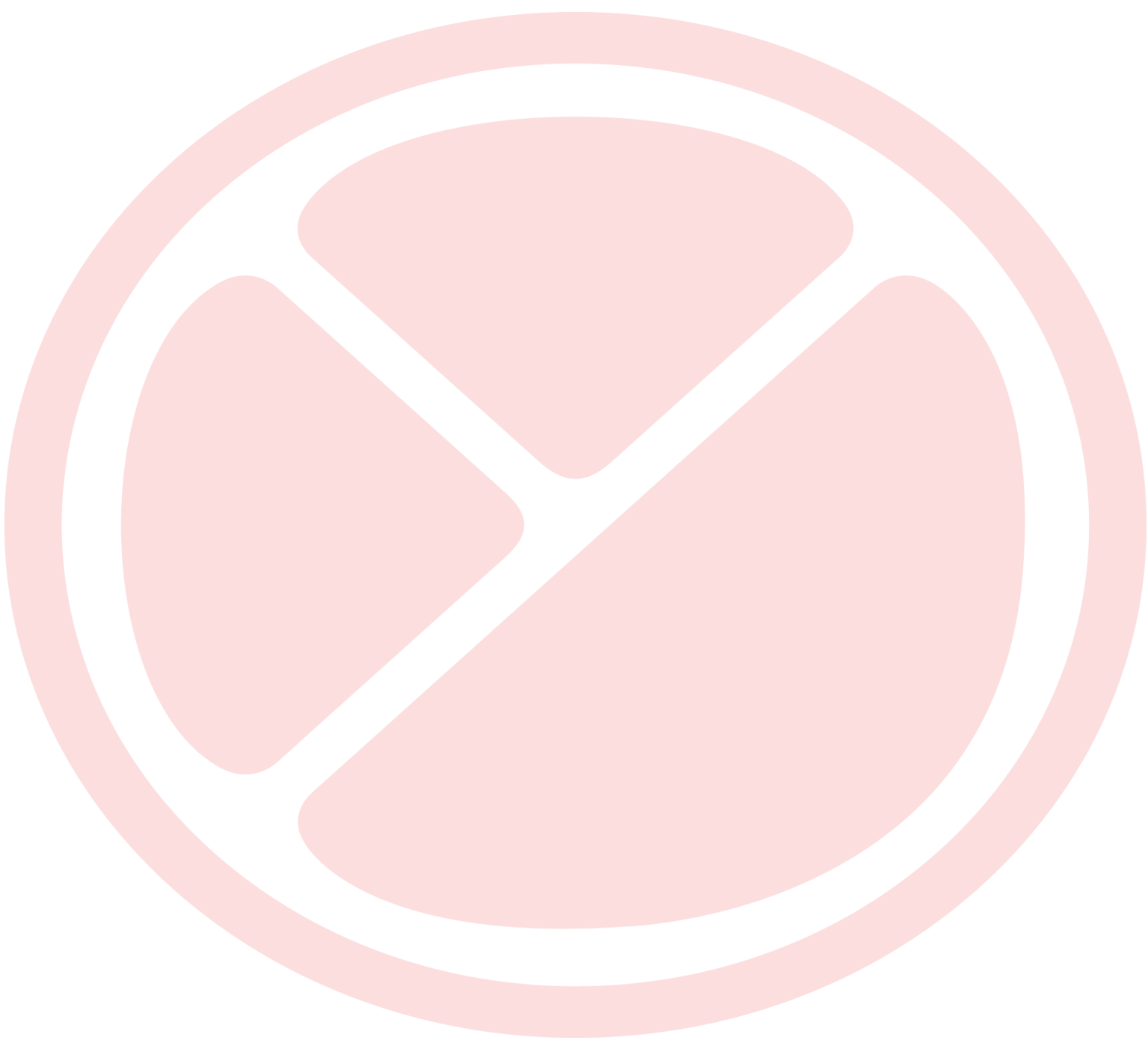
Grain	Vanilla Yogurt	WG Cereal	WG Oatmeal Cereal Bar	Oatmeal	CHEF'S
Extra/Protein					
LUNCH:					
Milk	Turkey Wrap Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Chef Salad Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Chicken Dippers Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Riblets Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHOICE
Fruit	Diced Pears	Applesauce	Bananas	Diced Peaches	
Vegetable	Diced Carrots	Lettuce Mix	Green Beans	Mashed Potatoes	
Grain	WG Tortilla				
Meat/Meat Alt	Turkey Slices/Amer Cheese	Dicd Turk Ham/Chedd Chs	Chicken Nuggets	BBQ Riblet Patty	
Extra	Ranch	Ranch or Italian Dressing	Ketchup or BBO sauce		
PM SNACK:					
Milk/Water					DAY!!
Fruit				Clementine	
Vegetable					
Grain	Animal Crackers	Granola	Townhouse Crackers	WG Champ Bites	
Meat/Meat Alternate		Vanilla Yogurt	String Cheese		
Extra					
WEEK 4					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/22/2024	7/23/2024	7/24/2024	7/25/2024	7/26/2024
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit/Vegetable					
Grain	WG Cereal	WG Muffin	WG Waffle	WG Cereal	WG Pancake
Extra/Protein					
LUNCH:					
Milk	Breakfast for Lunch Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Manwich Sloppy Joe Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Drummies Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Crunchers Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Fish Fry-day Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
Fruit	Diced Peaches	Applesauce	Diced Pears	Bananas	Applesauce
Vegetable	Hashbrown Potato Patty	Sweet Peas	Diced Carrots	Stringbeans	Diced Carrots
Grain		WG Hamburger Roll			
Meat/Meat Alt	Turkey Sausage	Beef Crumbles	Chicken Drumsticks	Pizza Crunchers	WG Fish Shapes
Extra		Manwich Sauce	Signature Sauce		
PM SNACK:					
Milk/Water					
Fruit					
Vegetable					Fresh Veggie of Choice
Grain	Graham Crackers	Salines		Vanilla Wafers	
Meat/Meat Alternate			Strawberry Yogurt		Ranch
Extra	Sunbutter	String Cheese			
WEEK 5					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY		
Dates:	7/29/2024	7/30/2024	7/31/2024		
AM SNACK:					
Milk	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Fruit/Vegetable					
Grain	Yogurt	WG Cereal	English Muffin		
Extra/Protein			Sunbutter		
LUNCH:					
Milk	Grilled Cheese Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Cheeseburger Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
Fruit	Mand Oranges	Applesauce	Diced Peaches		
Vegetable	Broccoli	Corn	Tater Tots		
Grain			WG Hamburger Roll		
Meat/Meat Alt	Grilled Cheese	Chicken Patty	Cheeseburger		

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.
 2. The fruit component at lunch may be substituted by an additional vegetable.
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Extra					
PM SNACK:					
	Strawberry & Cream	"Lunchable" Stackable			
Milk/Water			Fruit of Choice		
Fruit					
Vegetable					
Grain	WG Straw Waffle Graham	WG Flatbread Squares	Cheezit Crackers		
Meat/Meat Alternate	Vanilla Yogurt	Amer Cheese Slice			



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