

# SPRING ED JULY 2024

WEEK 1					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/1/2024	7/2/2024	7/3/2024	7/4/2024	7/5/2024
<b>AM SNACK:</b>					
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	<b>CLOSED</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
<b>Fruit/Vegetable</b>		1/2 Banana			
<b>Grain</b>	WG French Toast Sticks	WG Rice Crisp Cereal	English Muffin		WG Apple Cinnamon Loaf
<b>Extra/Protein</b>			Sunbutter		
<b>LUNCH:</b>					
	<b>Grilled Cheese</b>	<b>Chic/Veggie Eggrolls</b>	<b>Cheeseburger</b>		<b>Pizza</b>
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	<b>HAPPY 4th</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
<b>Fruit</b>	Fruit Cocktail	Applesauce	Diced Peaches		Diced Pears
<b>Vegetable</b>	Broccoli	Corn	Tater Tots		Stringbeans
<b>Grain</b>		WG Eggroll	WG Hamburger Roll		WG Pizza
<b>Meat/Meat Alt</b>	Grilled Cheese	Chicken	Cheeseburger		
<b>Extra</b>					
<b>PM SNACK:</b>					
	<b>Strawberry &amp; Cream</b>	<b>"Lunchable" Stackable</b>			<b>Apple Dips</b>
<b>Milk/Water</b>				<b>OF JULY!</b>	
<b>Fruit</b>			Fruit of Choice		Apple Slices
<b>Vegetable</b>					
<b>Grain</b>	WG Straw Waffle Graham	WG Flatbread Squares	Cheezit Crackers		
<b>Meat/Meat Alternate</b>	Vanilla Yogurt	Amer Cheese Slice			Sunbutter
<b>Extra</b>					
WEEK 2					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/8/2024	7/9/2024	7/10/2024	7/11/2024	7/12/2024
<b>AM SNACK:</b>					
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
<b>Fruit/Vegetable</b>		Frozen Berry Mix	1/2 Banana	Jelly	Mango
<b>Grain</b>	WG Toasted Oats Cereal	WG Pancake	WG Rice Crisp Cereal	English Muffin	Vanilla Yogurt
<b>Extra/Protein</b>					
<b>LUNCH:</b>					
	<b>SB &amp; J</b>	<b>Tostada Tuesday</b>	<b>Cheesy Mac</b>	<b>Stir Fry</b>	<b>Pasta W/Meat Sauce</b>
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
<b>Fruit</b>	Diced Pears	Diced Pears	Diced Peaches	Pineapple Tidbits	Fruit Cocktail
<b>Vegetable</b>	Tater Tots	Corn	Sweet Peas	Broccoli	Mixed veggies
<b>Grain</b>	WG Bread	WG Tostada	WG Elbow Macaroni	Rice	WG Pasta
<b>Meat/Meat Alt</b>	Sunbutter	Turkey Taco Entrée		Diced Chicken	Beef Crumble
<b>Extra</b>	Jelly	Shredded Cheese	Cheese Sauce	Teriyaki or Sweet N Sour sauce	Marinara Sauce
<b>PM SNACK:</b>					
	<b>"Chocolate" Covered Strawberries</b>	<b>Cuke Sandwich</b>		<b>Banana Sushi Roll</b>	
<b>Milk/Water</b>					
<b>Fruit</b>	Strawberry Slices			1/2 Banana	
<b>Vegetable</b>		Cucumber Slices			
<b>Grain</b>		WG Flatbread	Shortbread Bites	WG Tortilla	Soft Pretzel Rod
<b>Meat/Meat Alternate</b>	Chocolate Hummus Cup			Sunbutter	
<b>Extra</b>		Ranch			
WEEK 3					
MEAL PATTERN	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Dates:	7/15/2024	7/16/2024	7/17/2024	7/18/2024	7/19/2024
<b>AM SNACK:</b>					
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.

2. The fruit component at lunch may be substituted by an additional vegetable.

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<b>Fruit/Vegetable</b>	Mango			Frozen Blueberries	
<b>Grain</b>	Vanilla Yogurt	WG Spooner Cereal	WG Oatmeal Cereal Bar	Oatmeal	CHEF'S
<b>Extra/Protein</b>					
<b>LUNCH:</b>					
	<b>Turkey Wrap</b>	<b>Chef Salad</b>	<b>Chicken Dippers</b>	<b>Riblets</b>	
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	CHOICE
<b>Fruit</b>	Diced Pears	Fruit Cocktail	Mandarin Oranges	Diced Peaches	
<b>Vegetable</b>	String Beans	Lettuce Mix	Mixed Veggies	Mashed Potatoes	
<b>Grain</b>	WG Tortilla				
<b>Meat/Meat Alt</b>	Turkey Slices/Amer Cheese	Dicd Turk Ham/Chedd Chs	Chicken Nuggets	BBQ Riblet Patty	
<b>Extra</b>	Ranch	Ranch or Italian Dressing	Ketchup or BBQ sauce		

<b>PM SNACK:</b>					
		<b>Banana "Split"</b>			
<b>Milk/Water</b>					DAY!!
<b>Fruit</b>	Applesauce	1/2 Banana (cut in half)		Clementine	
<b>Vegetable</b>					
<b>Grain</b>	Animal Crackers	Granola	Townhouse Crackers	WG Champ Bites	
<b>Meat/Meat Alternate</b>		Vanilla Yogurt	String Cheese		
<b>Extra</b>					

### WEEK 4

<b>MEAL PATTERN</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
Dates:	7/22/2024	7/23/2024	7/24/2024	7/25/2024	7/26/2024

<b>AM SNACK:</b>					
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
<b>Fruit/Vegetable</b>	1/2 Banana				Mixed Berries
<b>Grain</b>	WG Cereal	WG Muffin	WG Waffle	WG Cereal	WG Pancake
<b>Extra/Protein</b>					

<b>LUNCH:</b>					
	<b>Breakfast for Lunch</b>	<b>Manwich Sloppy Joe</b>	<b>Drummies</b>	<b>Crunchers</b>	<b>Fish Fry-day</b>
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)
<b>Fruit</b>	Diced Peaches	Fruit Cocktail	Diced Pears	Mandarin Oranges	Applesauce
<b>Vegetable</b>	Hashbrown Potato Patty	Sweet Peas	Diced Carrots	Stringbeans	Diced Carrots
<b>Grain</b>		WG Hamburger Roll			
<b>Meat/Meat Alt</b>	Scrambled Egg Round	Beef Crumbles	Chicken Drumsticks	Pizza Crunchers	WG Fish Shapes
<b>Extra</b>		Manwich Sauce	Signature Sauce		

<b>PM SNACK:</b>					
	<b>Cuke Sandwich</b>	<b>School Made Trail Mix</b>	<b>Zoo Dippers</b>		
<b>Milk/Water</b>					
<b>Fruit</b>					
<b>Vegetable</b>	Cucumber Slices				Fresh Veggie of Choice
<b>Grain</b>	WG Flatbread Squares	School Made Trail Mix	Animal Crackers	Vanilla Wafers	
<b>Meat/Meat Alternate</b>	Ranch		Strawberry Yogurt		Ranch
<b>Extra</b>					

### WEEK 5

<b>MEAL PATTERN</b>	<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>		
Dates:	7/29/2024	7/30/2024	7/31/2024		

<b>AM SNACK:</b>					
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
<b>Fruit/Vegetable</b>		1/2 Banana			
<b>Grain</b>	WG French Toast Sticks	WG Rice Crisp Cereal	English Muffin		
<b>Extra/Protein</b>			Sunbutter		

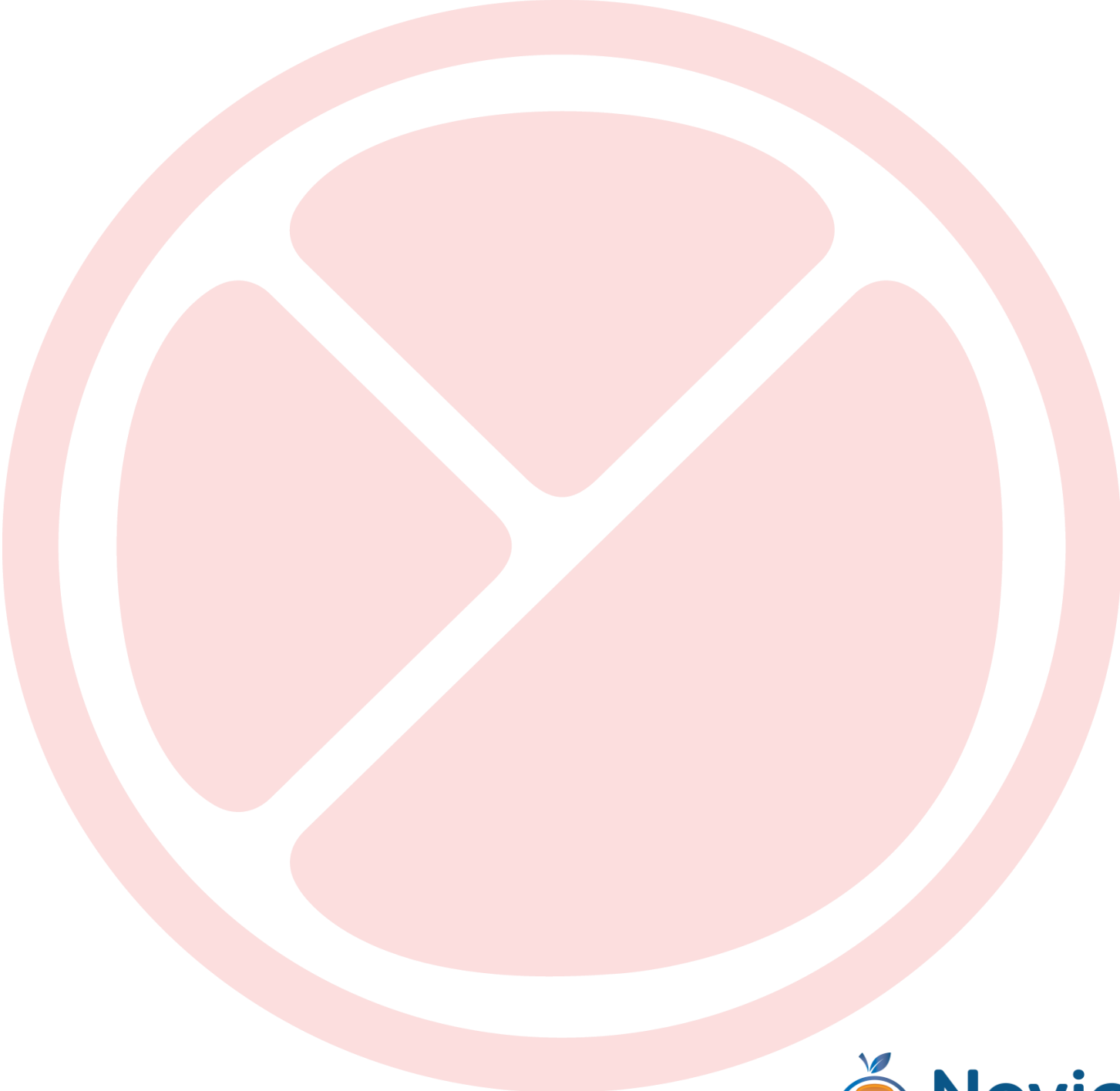
<b>LUNCH:</b>					
	<b>Grilled Cheese</b>	<b>Chic/Veggie Eggrolls</b>	<b>Cheeseburger</b>		
<b>Milk</b>	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)	Whole Milk (age 1) or Low/Fat Free Milk (age 2+)		
<b>Fruit</b>	Fruit Cocktail	Applesauce	Diced Peaches		
<b>Vegetable</b>	Broccoli	Corn	Tater Tots		

1. Meat and meat alternates may be served in place of the entire grains component at breakfast a maximum of three times per week.  
 2. The fruit component at lunch may be substituted by an additional vegetable.  
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<b>Grain</b>		WG Eggroll	WG Hamburger Roll		
<b>Meat/Meat Alt</b>	Grilled Cheese	Chicken	Cheeseburger		
<b>Extra</b>					
<b>PM SNACK:</b>					
	Strawberry & Cream	"Lunchable" Stackable			
<b>Milk/Water</b>					
<b>Fruit</b>			Fruit of Choice		
<b>Vegetable</b>					
<b>Grain</b>	WG Straw Waffle Graham	WG Flatbread Squares	Cheezit Crackers		
<b>Meat/Meat Alternate</b>	Vanilla Yogurt	Amer Cheese Slice			



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