



July Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	1	2	3	4	5
AM Snack	Oatmeal bar	Cereal and Milk	Pancakes and Milk		Bagel and Cream Cheese
Lunch	Corn Bread Poppers, BBQ Chicken, Corn	Quesadilla, Fruit, Veggie	Mozzarella Sticks, Broccoli, Fruit	No school	Meatloaf, Mashed Potatos, Fruit
PM Snack	Aniaml Crackers	Goldfish	Nilla Wafers		Pudding
	8	9	10	11	12
AM Snack	Yogurt	Biscuits and Jelly	Muffins and Milk	Cinnamon Bears	Cereal and Milk
Lunch	Beef Riblets, Veggie, Fruit	Egg Patty, Sausage, Hashbrown	Grilled Cheese, Tater Tots, Fruit	Cheese and Turkey Wrap, Fruit	Dumplings, Veggies, Fruit
PM Snack	Cheese and Crackers	Veggie Sticks	Apple Sauce	Blueberry Lemon Bites	Cheese Stick
	15	16	17	18	19
AM Snack	French Toast Sticks	Oatmeal Bar	Biscuits and Jelly	Cereal and Milk	Yogurt
Lunch	Pizza Sticks, Fruit, Veggie	Sunbutter & Jelly Sandwich, Fruit, Veggie	Chicken Nuggets, Tater Tots, Fruit	Broccoli Nuggets, Fruit, Crackers	Mac and Cheese, Veggie, Fruit
PM Snack	Chocolate Graham Bears	Cheese its	Veggie Sticks	Chef's Choice	Shortbread Cookies
	22	23	24	25	26
AM Snack	Pancakes and Milk	Muffin and Milk	Waffle Grahams and Milk	Cereal and Milk	French Toast and Milk
Lunch	Pepperoni, Cheese, Crackers, Fruit	Cornbread Poppers, BBQ Chicken, Corn	Meatloaf, Mashed Potatos, Fruit	Egg Rolls, Broccoli, Fruit	Chicken Sandwich, Veggie, Fruit
PM Snack	Pretzels	Nilla Wafers	Carrots and Ranch	Pudding	Oatmeal Cookies
	29	30	31		
AM Snack	Yogurt and Blueberries	Graham Crackers and Sunbutter	Cereal and Milk		
Lunch	Ravioli, Veggie, Fruit	Mozzarella Sticks, Veggie, Fruit	Dumplings, Veggie, Fruit		
PM Snack	Apple Slices	Sports Bites	Bug Bites		