



W E L C O M E !

Happy New 2017 -2018 CBA Pre-School Year! Thank you all for jumping into Learning with Chesterbrook Academy!! We are looking forward to a fun and educational year! We are always excited to see our children grow, develop and interact with new experiences. We will learn about each other and get to know our new friends!

With the new school year, please make sure that all paperwork/documents are current in your child's student file. Please let Ms. Jessica or Ms. Stacey know if you have questions!

FRIENDLY REMINDERS:

- Children should wear closed toed shoes
- Home toys are not allowed, except on special days such as 'Show and Share' (Fridays)
- Outside food is **NOT** permitted unless prior arrangements have been made with classrooms
- Please remember to change the season/size of clothes in your child's classroom cubby. Also, bring extra underwear for potty training, and PreK and PreK 2 for accidents.

SUMMER WRAP UP:

We would like to thank all the teachers and families who were part of Summer Camp 2017! It was a HUGE success.

Thank you! We are also bittersweet about our campers going back to school or starting for the first time as kindergarteners. These families will truly be missed and we look forward to seeing you for Summer Camp in 2018!

SEPTEMBER

Upcoming Events:

08.28.17~	First Day of School!
08.28.17~	Charleston Wrap Fund-raiser begins!
08.30.17~	Back to School Night & Ice Cream Social (6-7:30pm)
09.01.17~	Cookie Friday
9.04.17~	CLOSED FOR LABOR DAY
09.05.17~	Music for Life Demo Class (3:00pm)
09.06.17~	Joy of Dance Demo Class
09.08.17~	Kyle's Karate Demo
09.08.17~	Chesterbrook Colors Day! (please wear green and yellow)
09.11.17~	Charleston Wrap Orders due!
09.15.17~	Fun Friday: Pajama Day!
09.22.17~	Fun Friday: Wacky Tacky Day!
09.29.17~	Fun Friday: Sports Jersey Day! (Wear your favorite team's jersey or colors!)

Our Amazing Teachers & Staff

Toddler:

Ms. Kristina & Ms. Shea, Lead Teachers

Ms. Cynthia

Beginner:

Ms. Hope Lead Teacher

Ms. Bri, & Ms. Corinne

Intermediate:

Ms. Aasima, Lead Teacher

Ms. Bianca, & Ms. Ward

Pre-K:

Ms. Aimee, Lead Teacher

Ms. Margarita, & Ms. Jamie

Pre-K2:

Ms. Katurah, Lead Teacher

Ms. Jamie & Ms. Bianca

AM Preschool:

Ms. Crystal Lead Teacher

Ms. Margarita

Management

Mr. Mark, Kitchen Manager

Ms. Shea, 3rd In-Charge

Ms. Stacey, Assistant Principal

Ms. Jessica, Principal

Back to School Night & Ice Cream Social!

Please join us for our Back to School night on August 30th from 6-7:30pm. You will have an opportunity to meet you children's teachers, see what ancillary programs we will offer and spend time with fellow classmates!

Tuition Reminder:

Please remember that tuition is due every Friday for the upcoming week. Payment is considered late Monday at noon. Afternoon on Monday, a \$25 late fee will be assessed. To avoid the fee, please remember to pay on time! If you have any questions, please refer to the Tuition Agreement.

Ancillary Schedule:

Tuesday – Kyle's Karate is a children's mixed martial arts program that combines exciting instruction with practical, effective techniques. Teaching kicks, punches, stances and blocks, Kyle's Karate will develop your child's coordination and concentration. Belt promotion ceremonies are included in the cost and each student receives a new Uniform and White Belt on their first day. Your child will learn about Stranger-Danger and how to stop bullies. Discipline and respect are an integral part of this class. All techniques are practiced on safe equipment held by the instructor, never student-to-student. Most importantly, your child will gain confidence in themselves and their ability to succeed. Belt tests are on the last day of the session.

Wednesday – Joy of Dance (Ballet and Tap Dance outreach program promotes the highest quality of fine art instruction in a loving, caring, and joyous artistic environment. Our fine arts faculty, all masters of their fields, encourage each student to reach their maximum potential in the arts.)

Thursday – Music For Life - Basic knowledge of fundamental music concepts able to be molded around Links to Learning curriculum with an end of term performance)

Ancillary Reminder:

Ancillary programs are in full swing starting the week of September 11th! If you are interested in Joy of Dance, Kyle's Karate, or Music For Life, please refer to the flyers in the Lobby. If you are interested in enrollment or have questions, please ask Ms. Jessica or Ms. Stacey. .

*To ensure your child does not miss their program, please have them dropped off by 9:30am on their respective day unless otherwise noted.

Social and Emotional Skills Building

One of our goals for the new year is moving towards a more structured approach to develop our children's social and emotional skills. This is an ongoing process but we want to share our implementation with our families.

Social skills teach sensible interpersonal, problem solving and conflict resolution skills that are needed by today's student and can be learned and taught on a daily basis from both school and home.

Our positive discipline approach focuses on what behaviors we want to teach the children. Although very simple, classroom rules share social and emotional principles that we want the children to learn. So to begin our implementation process, these principles will be outlined and shared with each classroom in addition to uniform classroom rules throughout the building. These rules will guide our skill building process and can be used at home to increase the child's understanding. Below is a chart that outlines the rules and principles.

Classroom and Home Rules	Social and Emotional Principles
Make Good Choices	I am a good person and make good choices every day.
Use Nice Words	I do not let words hurt my feelings and I do not say things to hurt others.
Take Turns	I wait my turn patiently and share my toys and things with others.
Care for my friends, family and teachers	I am kind and care for others.
Use your listening ears	I listen to my teachers and try my best.
Be kind and help your friends, family and teachers.	I am a leader who helps and guides others.

On August 28th we will be starting our first community fundraiser of the school year to provide extra spending for the classrooms.

Please feel free to participate but no obligation is necessary. We appreciate the extra support and will be making it worth your while!



Love our School? Share your thoughts!

Many of you have recommended us to your friends and for that we are very grateful!

We are writing to ask you to share your positive experiences on review sites of your choice. At the same time, we want to remind you that if you have any concerns about your school, we always welcome constructive feedback or ways that we can better serve your needs. Feel free to contact me at:

Jessica.baldwin@nlcinc.com

Your feedback is not only valuable to us, but also to other parents who may be seeking a school for their child. We appreciate you taking the time to recommend us.

Developing Balance Skills in Young Children From Tummy Time to Bike Riding Balance is a fundamental skill necessary for maintaining controlled positions, such as sitting in a chair, or engaging in physical activities like running or riding a bike. Having balance makes motor skill development easier, reduces the risk of injury, and helps children focus on academic tasks. Our Nobel Learning Education team stays up to date with the latest research to ensure that our Links to Learning curriculum exceeds childhood learning standards. The Links to Learning curriculum was enhanced last fall to include a greater focus on balance, a building block for skills such as hand-eye coordination, muscular strength and body awareness. Here are some ways we help improve balance in the classroom, as well as ideas for you and your child to do at home.

TODDLERS: (ages 1-2): In the classroom: During the toddler years, children make major strides in balance and coordination. Teachers play music and encourage students to move their bodies in different ways while maintaining their balance. At home: Push and pull toys require children to use core balance and arm strength, which can be difficult for new walkers. Place a small wagon or toy shopping cart and a pile of blocks on the floor. Show your child how to fill the cart with blocks. He will enjoy pulling or pushing the blocks around the room.

BEGINNERS: (ages 2-3): In the classroom: Sitting cross-legged, or as we say with the children “criss-cross applesauce,” is an important developmental skill for two year olds. Teachers encourage children to sit criss-crossed anytime they are playing on the floor. Sitting in this position strengthens a child’s core muscles and helps improve body control. We discourage “W-sitting,” with knees together and feet on either side of the hips, because it puts strain on knees and hips and fails to engage core abdominal muscles. At home: Provide your child with a sit-and-spin toy. Ask him to sit on the toy with his legs crisscrossed. As he turns the wheel to spin, he will gain a better understanding of cause and effect.

INTERMEDIATES: (ages 3-4): In the classroom: Around age three, children learn to maintain control of their upper body while moving their lower body. Our Intermediate students practice pedaling a tricycle, bouncing on hopper balls, and walking on a balance beam. At home: Have your child practice running and stopping with control by playing the traffic light game. Shout out the color green, yellow or red. Have him move quickly when hearing “green,” move slowly when hearing “yellow,” and completely stop when hearing “red.”

PRE-K/PRE-K 2: (ages 4-5): In the classroom: Teachers encourage children to practice balance and coordination by jumping on their non-dominant foot, walking on a line or beam, or jumping rope. Children also practice balance by crouching down to tie their shoes. At home: Ask your child to tell you about the games and activities played at school. Include these activities at home and during family events such as birthday parties and vacations. Scooters and pogo jumpers are great toys for children at this age. Good balance helps children maintain appropriate and controlled body movement during important tasks. By building balance skills in the preschool years, your child will be better prepared as he enters elementary school and beyond.

– Lauren Starnes, PhD – Director of Early Childhood Education