

February News Letter

February, 2016

FROM THE PRINCIPAL



Greetings Chesterbrook Families,

Can you believe that it is already FEBRUARY?! Time flies when we are learning and having fun! Speaking of learning, this is a month jam-packed with exciting history and learning experiences.



Dental Health reminds us how to properly care for our teeth , African American History teaches us about people who have made significant contributions to our



country , President's Day reminds us about our fore fathers and current history-



makers and their contribution to our country ,Chinese New Year explores diversity across the globe to ring in the New Year, and Valentine's Day is a reminder to

be a friend!



~Melanie Spurlock~

~Candi Staines~

Gluten-Free Fruiti Sushi

Ingredients

- 1 1/4** cups Rice Chex™ cereal (gluten free)
- 1** cup white vanilla baking chips
- 4** rolls Betty Crocker™ Fruit Roll-Ups® chewy fruit snack (any favorite flavor; from 5-oz box), unwrapped
- 12** candy worms



Directions

- **1** Place cereal in resealable food-storage plastic bag; seal bag and crush with fingers to make 3/4 cup.
- **2** In medium microwavable bowl, microwave baking chips as directed on package until melted and stirred smooth. Add crushed cereal; stir until well coated.
- **3** Unroll fruit snack rolls. For each sushi roll, spread 1/4 of cereal mixture on snack roll to within 1/2 inch of one short side. Arrange 3 candy worms, side by side, on cereal-covered short side.
- **4** Starting with short side topped with candy worms, roll up each snack roll tightly, pressing unfilled short side of roll to seal. Let sushi rolls stand 5 to 10 minutes or until firm. Cut each roll into 4 slices. Store loosely covered.

(Source: <http://www.bettycrocker.com>)



February 2nd- Groundhog Day (Will the GH see it's shadow?)\

February 3rd- JUMPBUNCH DEMO CLASS (3's – 5's)

February 8th- Chinese New Year

February 12th- Class Valentine's Day Parties @ 3pm

February 14th- Valentine's Day

February 15th –President's Day

February 17th or 18th- South Park Pediatric Dentistry is visiting (2's thru 5's)

ENRICHMENT PROGRAMS

Why spend your evenings and weekends driving to and from practices and programs when your child can participate in there right here at school? Please see the front desk for more information on any of these wonderful programs!



WEDNESDAYS: Soccer Shots @ 9:30am

Soccer Shots has three rules: Score a goal, be a team player, and HAVE FUN! This is a great way to get some extra physical fitness in and have a blast doing it! Spaces are still available so sign up today!!



February 3rd: JUMP BUNCH DEMO CLASS

Jump Bunch introduces sports and fitness to your child in a hands-on setting. It builds coordination and interest in sports, teaches through constant praise and encouragement, offers a safe, non-competitive environment, and promotes healthy fitness and nutrition!

FROM THE EDUCATIONAL DEPARTMENT

– Lauren Starnes, PhD – Director of Early Childhood Education

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