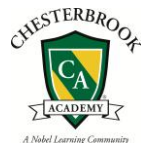




# August 2015 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Breakfast</b>	3 Special k Cereal & Apricots	4 Bagels, Cream Cheese & Canteloupe	5 Sausage Breakfast Casserole & Peaches	6 Whole Grain Waffles, Peaches	7 Froot Loops & Tropical Fruit Salad
<b>AM Snack</b>	Cinnamon Bar & Apple Wedges	Honey Grahams & Vanilla Pudding	Fresh Grapes & Air Popped Popcorn	Warm Cinnamon Wrap & Applesauce	Fresh Bananas & Animal Crackers
<b>Lunch</b>	Whole Grain Cheese Pizza, Fresh Garden Salad, Pineapple Tidbits	Ham & Swiss on WW, (VO Swiss on WW) Potato Sticks, Baby Carrots, Fresh Pears	Tacos w/ Ground Turkey, Cheese, Lettuce, Whole Kernel Corn, Fresh Orange Wedges (VO Bean Taco)	Hot Dog on WW Bun (VO Italian Mozz Sub) Tater Tots, Fresh Watermelon	Turkey Combo Sub on WW Bread, (VO Veggie Sub) Fresh Carrots, Fresh Apple Wedges
<b>PM Snack</b>	Orange Sherbet & Pretzel Twists	Strawberry Yogurt & Fresh Banana	Warm Garlic Breadstick & Warm Marinara	Tortilla Chips & Warm Cheese Sauce	Miss Debbie's Snack Pick
<b>Breakfast</b>	10 Raisin Bran & Mixed Fruit	11 Vanilla Greek Yogurt, Granola, Blueberry	12 Scrambled Eggs & Ham, Fresh Strawberry	13 Whole Grain French Toast, Pear Wedge	14 Apple Jacks & Fresh Fruit
<b>AM Snack</b>	Pear Wedges w/ Vanilla Greek Yogurt	Fresh Strawberries & Vanilla Wafers	Wheat Thins & Garden Cream Cheese	Ritz Crackers & Soy Butter	Cheddar Goldfish & Dried Cranberries
<b>Lunch</b>	Beef & Cheese Combo, (Cheese Combo) Fresh Baby Carrots, Fresh Apples	Spaghetti w/ Ground Turkey & WW Pasta, Fresh Garden Salad, Pineapple Tidbits (VO Meatless Spaghetti)	Salisbury Steak, Whipped Potatoes/Gravy, Fruit Cocktail (VO Veggie Burger)	Chicken & Rice Casserole, Whole Kernel Corn, Fresh Orange Wedges (VO Broccoli Rice Cheese Casserole)	END OF SUMMER FAMILY PICNIC
<b>PM Snack</b>	Ghardtto Snack Mix & Raisins	Apple Wedges & Brownies	Pita Chips & Greek Yogurt Taco Dip	Warm Pretzel w/ Warm Cheese Sauce	Miss Debbie's Snack Pick
<b>Breakfast</b>	17 Cheerios & Fruit Cocktail	18 Biscuits & Jelly or Sausage Gravy, Fresh	19 Scrambled Eggs & Bacon, Apricots	20 Whole Grain Pancakes & Blueberries	21 Frosted Flakes, Fresh Fruit
<b>AM Snack</b>	Apple Cinnamon Granola Bar & Applesauce	Trail Mix & Raisins	Oatmeal Cookie & Fresh Grapes	Colby Jack Cheese Cubes & Watermelon	Vanilla Goldfish & Greek Yogurt Dip
<b>Lunch</b>	Whole Grain Chicken Nuggets, (Veggie Nuggets) Corn on the Cob, Fresh Apple Wedges	Homemade Pizza Casserole w/ WW Pasta, Fresh Garden Salad, Diced Pears	Meat and Cheese Nachos, (Cheese Nachos) Diced Carrots, Peaches	Meatballs, (VO Mushroom Rice) Green Beans, & Orange Wedges	Whole Grain Chicken Patty on WW (Veggie Burger) Bun, Baked Beans, Fresh Pear Wedges
<b>PM Snack</b>	Pretzel Rods & Strawberry Cream Cheese	Homemade Monkey Bread & Bananas	Warm Mozzarella Wrap & Warm Marinara	Tortilla Chips & Salsa	Miss Debbie's Snack Pick



# August 2015 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	<b>24</b>	<b>25</b>	<b>26</b>	<b>27</b>	<b>28</b>
<b>Breakfast</b>	Rice Krispies & Apricots	WW English Muffin, Bacon, Cheese, Strawberries	Scrambled Egg & Cheese Wrap, Canteloupe	Cinnamon Muffins & Fresh Bananas	Froot Loops & Mixed Fruit
<b>AM Snack</b>	Apple Wedges & Soy Butter	Strawberry Yogurt Bar & Applesauce	American Cheese & Club Crackers	Mini Bagel w/Cream Cheese	Lemon Bar & Bananas
<b>Lunch</b>	Cheese Tortellini w/Marinara Sauce, Fresh Garden Salad, Fresh Pear Wedges	Macaroni & Cheese w/WW Pasta, Peas, Red Grapes	Roast Turkey, Mashed Potatoes/Gravy, Mandarin Oranges	Chicken Tacos w/WW Tortilla, Whole Kernel Corn, Pineapple Tidbits	Fish Sticks,(Broc Rice Cheese) Green Beans, Fresh Watermelon
<b>PM Snack</b>	Whole Grain Sun Chips & Salsa	Chocolate Chip Muffin & Orange Wedges	Fig Newtons & Air Popped Popcorn	Veggie Straws & Greek Ranch Yogurt Dip	Miss Debbie's Snack Pick
	<b>31</b>				
<b>Breakfast</b>	Special K, Fresh Fruit				
<b>AM Snack</b>	Strawberry Yogurt & Granola				
<b>Lunch</b>	Cheeseburger, French Fries, Fresh Apple Wedges				
<b>PM Snack</b>	Colby Jack Cheese Cubes & Seasoned Crackers				