



August 2015 Menu



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	3	4	5	6	7
Breakfast	Strawberry Oatmeal Bar & Fruit, Milk	Yogurt & Fruit, Milk	Strawberry Yogurt & Fruit, Milk	Bagel w/Cream Cheese & Fruit, Milk	Cereal & Fruit, Milk
AM Snack	Pita Chips & Salsa (Inf/Tod: Yogurt)	English Muffin with Jelly, Water	Green Pepper Slices & Ranch Veggie Dip, Water	Special K Cereal Bar, Juice	Whole Grain French Toast Sticks w/Syrup, Water
Lunch	Chicken Meatballs w/Marinara w/Wheat Pasta, Peas, Grapes (Inf/Tod: Peaches), Milk (V: Black Beans w/Rice)	Mexican Chicken Rice Casserole, California Veggie Blend, Bananas, Milk (V:Mexican Veggie Crumble & Rice)	Beef Stroganoff Casserole, Peach Slices, Green Beans, Milk (V:Veggie Stroganoff)	Chargrilled Chicken Nuggets, Avocado, Carrot Sticks, Garlic Breadstick, Milk (V: Red Beans w/Rice)	Soybutter & Jam Sandwich, Banana, Steamed Asparagus, Milk
PM Snack	Cheddar Rice Cakes, Juice	Applesauce & Goldfish Crackers, Water	Vanilla Greek Yogurt with Fresh Blueberries, Water	Hawaiian Rolls & Spinach Dip, Water	Pretzel Sticks & Hummus (Inf/Tod: Soft Pretzel Bites w/Hummus)
	10	11	12	13	14
Breakfast	Cereal & Fruit, Milk	Whole Wheat Banana Bread & Fruit, Milk	Strawberry Yogurt & Fruit, Milk	NutriGrain Bar & Fruit, Milk	Cereal & Fruit, Milk
AM Snack	Animal Crackers & Vanilla Yogurt, Water	Cheddar Cheese Cubes & Wheat Cracker, Water	Cottage Cheese & Peaches, Water	Blueberry Bagel & Cream Cheese, Juice	Apple Cinnamon Muffin, Juice
Lunch	Chicken Fingers, Applesauce, Broccoli & Cauliflower, Wheat Cracker, Milk (V: Black Beans & Rice)	Beef Tacos- Taco Meat, Tortilla, Shredded Lettuce, Cheese, Apple Slices, Milk (Veg: Veggie Taco)	Chicken Stew with Stew Vegetables, Salad, Mixed Tropical Fruit, Dinner Roll, Milk (V:Vegetarian Stroganoff)	Turkey with Gravy, Malibu Veggie Blend, Grapes (Inf/Tod: Pears), Whole Grain Biscuit, Milk (V: Black Beans w/Rice)	Turkey Bologna & Cheese Sandwich, Sweet Potato Fries, Watermelon, Milk (V: Cheese Sandwich)
PM Snack	Pita Chips & Salsa (Inf/Tod: Fig Newtons)	Strawberry Oatmeal Bar, Juice	Cheddar Goldfish, Juice	Sliced Cucumbers w/Ranch Dressing, Water	Sliced Cucumbers w/Ranch Dressing, Whole Grain Goldfish Crackers
	17	18	19	20	21
Breakfast	Yogurt & Fruit, Milk	Strawberry Oatmeal Bar & Fruit, Milk	Cereal & Fruit, Milk	Whole Wheat Banana Bread & Fruit, Milk	Cereal & Fruit, Milk
AM Snack	Mozzarella String Cheese & Cruncy Breadstick, Water	Whole grain mini-bagel, Cream Cheese, Juice	Vanilla Greek Yogurt with Fresh Blueberries, Water	Green Pepper Slices & Veggie Ranch Dip (Inf/Tod: Avocado), Water	Cottage Cheese & Pineapple, Water
Lunch	Beef Teriyaki Nuggets, Steamed Broccoli, Apricots, Whole Grain Flatbread, Milk (V:Black Beans w/Rice)	Beef Sloppy Joe on Whole Wheat Bun, Celery Stick w/Ranch Dip (Inf/Tod: Steamed Carrots), Applesauce, Milk (V: Veggie Sloppy Joe)	Chicken & Rice Casserole, Green Beans, Pears, Milk (V: Vegetarian Crumbles & Rice)	BBQ Chicken on Whole Grain Flatbread, Corn/Cream Corn, Banana, Milk (V: BBQ Veg. Crumble)	Hamburger on Whole Wheat Bun, Sweet Potato Tots, Apple Slices, Milk (V: Boca Burger)
PM Snack	Apple Slices & Oyster Cracker, Water	Blueberry Muffin, Juice	Cinnamon Goldfish, Juice	Pita Chips with Spinach Dip, Water (Inf/Tod: Tortilla with Spinach Dip)	Snack Mix, Juice

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
	24	25	26	27	28
Breakfast	Cereal & Fruit, Milk	Bagel & Cream Cheese & Fruit, Milk	French Toast Sticks & Fruit, Milk	Cereal & Fruit, Milk	Whole Wheat Banana Bread & Fruit, Milk
AM Snack	Mozzarella String Cheese & Cruncy Breadstick, Water	Strawberry Yogurt & Animal Cracker, Water	Tropical Fruit Salad & Graham Cracker, Water	Cottage Cheese & Peaches, Water	Carrot & Celery Sticks w/Veggie Dip (Inf/Tod: Cheddar Rice Cakes)
Lunch	Zoo Crew Chicken Nuggets, Broccoli, Mandarin Oranges, Corn Muffin, Milk (V: Boca Burger)	Turkey Sausage & Cheese Sandwich on Whole Grain Flatbread, Apricots, Carrot Sticks, Milk (V: Flame Burger)	Hamburger & Noodle Casserole, Peas, Apple Slices, Milk (V: Veggie Goulash)	Bean & Cheese Burrito, Salad with Ranch Dressing, Watermelon, Milk (V: Refried Beans w/Wrap)	Soybutter & Jam Sandwich, Canteloupe & Honeydew, Sweet Potato Fries, Milk
PM Snack	Banana Muffin, Juice	Pretzel Sticks & Hummus (Inf/Tod: Soft Pretzel Bites & Hummus)	Breadstick with Marinara, Water	Cheddar Cheese Cubes & Wheat Cracker, Water	Applesauce & Goldfish Cracker, Water
	31	28	29	30	
Breakfast	Cereal & Fruit, Milk				
AM Snack	Soft Pretzel Bites with Cheese Dip, Juice				
Lunch	Mini Chicken Corn Dog, Green Beans, Peaches, Milk (V:Red Beans w/Rice)				
PM Snack	Cucumbers with Ranch Dip (Inf/Tod: Tropical Fruit Salad)				

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